Breakfast

COFFEE

Regular Coffee

Decaffeinated Coffee

Espresso

MILK

Whole Milk

Served Warm Or Cold

Skimmed Milk

Served Warm Or Cold

Soy Milk

Served Warm Or Cold

Almond Milk

Served Warm Or Cold

TEA

English Breakfast Tea

Earl Grey Tea

Camomile Tea

Rooibos Tea

Mint Tea

Green Tea

Morgentau Tea

Ayurveda Tea

Darjeeling Tea

Assam Tea

Decaffeinated Tea

TEA CONDIMENTS

Lemon Wedges

Flower Honey

Fresh Mint Leaves

JUICES

Orange Juice

Grapefruit Juice

Apple Juice

Pineapple Juice

Tomato Juice

Prune Juice

Cranberry Juice

V8 Vegetable Juice

Daily Fruit Smoothie

FROM THE BAKERY

French Baguette

Toasted Or Untoasted

Whole Wheat Bread

Toasted Or Untoasted

White Bread

Toasted Or Untoasted

Bread Rolls

Bagel

Toasted Or Untoasted

English Muffin

Toasted Or Untoasted

Rye Crisp Toast

Pumpernickel Bread

Toasted Or Untoasted

Gluten Free Bread

Toasted Or Untoasted

FROM THE COLD GALLEY

Smoked Salmon, Cream Cheese and Onion

Assorted Breakfast Cheeses

Assorted Cold Cuts Platter

Preserves

Apricot Jam, Strawberry Jam, Peach Jam, Cherry Jam, Blueberry Jam, Raspberry Jam, Orange Marmelade, Peanut Butter, Marmite

FROM THE PASTRY

Croissants

Pain au Chocolat

Danish Pastries

Assorted Muffins

Pancakes

Plain Or Buckwheat Pancakes Served With Blueberries Or Banana

Waffles

Served Plain Or WIth Strawberries And Cream

Rye French Toast Served With Mango

FROM THE GROVE

Assorted Sliced Fruit Plate

Assorted Melon Plate

Sliced Banana Plate

Sliced Pineapple Plate

Sliced Mango Plate

Sliced Citrus Plate

FROM THE DAIRY

Plain Yoghurt

Fruit Yoghurt

Berry Yoghurt

FROM THE PANTRY

Corn Flakes

Raisin Bran

Special K

All Bran

Muesli

Shredded Wheat

Oatmeal Old Fashioned

Porridge

Served With Dried Fruits, Raisins Or Brown Sugar

Breakfast Couscous with Honey and

 FROM THE GRIDDLE

Scrambled Eggs \*

Fried Eggs \*

Poached Eggs \*

Boiled Eggs \*

Egg Benedict \*

Served on English muffin with Canadian Bacon and Hollandaise Sauce

Plain Omelette \*

Prepared With Fillings of Your Choice

Ham Filled Omelette \*

Cheese Filled Omelette \*

Mushroom Filled Omelette \*

Onion Filled Omelette \*

Bell Pepper Filled Omelette \*

Herbs Filled Omelette \*

Souffle with Artichoke and Spinach

Souffle with Bacon and Spinach

Cumin-scented Egg-white Omelette Florentine \*

Breakfast Sidings Of Your Choice

Egg Beaters \*