

# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

**FRIDAY, 22 MARCH 2024**

SINGAPORE, SINGAPORE  
Arrival: 1:00pm  
Overnight

**DRESS CODE: CASUAL**

For Ladies: DRESSES OR BLOUSES AND PANTS  
For Gentlemen: SPORT SHIRTS AND SLACKS  
No shorts or flip flop type footwear after 6:00PM  
in indoor venues

**TODAY'S WEATHER**

Partly Cloudy / Rainshowers (afternoon)  
High: 90°F 32°C  
Low: 81°F 27°C



## SINGAPORE, SINGAPORE

*Aboard Silver Shadow*

# PLAN AHEAD

## Upcoming ports



DAY	PORT	ARRIVE	DEPART
23 Mar	Singapore	-	11:00pm
24 Mar	Day at Sea	-	-
25 Mar	Kuching, Sarawak	6:00am	4:00pm

## YOUR EXPERIENCES ASHORE

### SINGAPORE, SINGAPORE LAST SPACES AVAILABLE - BOOK TODAY!

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tours:

#### SIN-CA - ARTS & FENG SHUI OF THE ORIENT 4 Hours | \$99 Activity Level Minimal

Feng shui is an ancient Chinese art of creating harmony and balance in life to promote business and one's general well-being.

Discover why this practice, dating back thousands of years, is very much alive in cosmopolitan Singapore during this half-day exploration.

#### SIN-J - THE WAY WE LIVE IN SINGAPORE 4½ Hours | \$99 Activity Level Moderate

Observe and experience the typical Singapore lifestyle - one that is uniquely different from those found in the rest of Asia - on this half-day informative tour.

DECK 5 EXT. 858  
OPENING HOURS:  
9:00AM - 12:00PM | 4:00PM - 7:00PM



## SINGAPORE, SINGAPORE

### EXPLORE AN EXCITING MELTING POT OF CULTURE AND HISTORY

Advanced airy and elevated Singapore is a spectacular futuristic vision of utopian city life. A healthy population of almost six million call it home but this is a city designed with space to breathe and gorgeous outdoor parks massive indoor greenhouses and beautiful recreational spaces spread between the City of Gardens' skyscrapers and soaring structures. Glorious fountains and audacious skyscrapers loom up - nodding to traditional feng shui beliefs - and putting on dazzling illuminated displays after dark.

The lush green botanical gardens are a spectacular UNESCO World Heritage Site covering 52 hectares and decorated with impressive colourful orchids. Or breathe in more of the freshest air by heading up to wander the canopy strung bridges of MacRitchie Reservoir Park.

Head for the iconic Marina Bay - a landmark of the city crowned by three interconnected towers which watch over island sprinkled waters. Jaunt between Little India and the atmospheric Chinatown in minutes where beautiful temples - like the Chinese Thian Hock Keng Temple and Hindu Sri Mariamman Temple add rich cultural intrigue.

Singapore's cuisine is a mouthwatering fusion of its Indian Chinese Indonesian and Malay influences taking and enhancing the best of each. Enjoy dishes in towering restaurants or toast the glowing skyline with the city's eponymous gin-soaked cocktail - a Singapore Sling.

### SIGHTS

- Marina Bay Sands
- Orchard Road
- Botanic Gardens
- Chinatown
- National Museum of Singapore
- Jewel Changi Airport

### GARDENS BY THE BAY

Explore this beautifully designed green space and wander through the Bay East Garden, perfect for enjoying the vibrant plant life and escaping the bustling city for a moment.

Visit the Supertree Grove, a cluster of the iconic, futuristic structures designed to perform environmentally sustainable functions and the world's tallest indoor waterfall in the Cloud Forest Dome.



# LA DAME

## EXCELLENCE OF FRENCH DINING

▶ LA DAME, DECK 7

La Dame features a bespoke menu by our top chefs, and is the highest expression of excellence of French dining. Quintessentially Parisian, extremely elegant and very refined, meals at La Dame are a fusion of tradition and modernity.

Our La Dame dining experience will be available for you on Saturdays and Sundays. Please remember to make a reservation ahead of time.

*A dining fee per person applies. Please contact Maitre d' Outlet to make your reservations. Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.*



# HUBERT: EMERALDS AND RARE GEMSTONES

## THE ONBOARD BOUTIQUE

▶ AT 10:30AM  
THE BOUTIQUE, DECK 5

Worn by royalty and celebrities for centuries, rare and precious gemstones have stood the test of time and continue to be some of the most desired and loved gems of the world.

Join Jewellery and Gemstone Specialist Diego for an informative chat to learn more about precious gems, what to look for, and how to buy and value them.

Hubert



# RELIEVING PAIN WITH GOODFEET

## FREE FOOT ANALYSIS

▶ THE ZÀGARA FITNESS CENTRE, DECK 10

Got Back Pain? Sick of having sore knee or hip problems?

The solution to your problem could be your feet. Come along to the Zàgara Fitness Centre for your FREE Foot Analysis.

We may be able to give you the solution to your problem by seeing one simple foot print!



# ROAD TO SINGAPORE

## A 1940 AMERICAN SEMI-MUSICAL COMEDY FILM

▶ AT 9:00PM  
THE SHOW LOUNGE, DECK 6

Woman troubles bedevil sailors Josh (Bing Crosby) and Ace (Bob Hope), who are both being forced into undesirable marriages. They escape their predicament by running away to Singapore via Hawaii, where they meet gorgeous dancer Mima (Dorothy Lamour), with whom both men immediately become smitten. But when Josh's rich father (Charles Coburn) and his fiancée (Judith Barrett) show up to bring him back, Mima has to make up her mind which of the friends she loves.



# REMOTE AND REMARKABLE

Step onto the "last" continent and explore Antarctica's uninhabited territory. Hike to the top of Cuverville Island. Explore via Zodiac around the icebergs of Lemaire Channel and Pleaneau Island. Glimpse king penguins, leopard seals, breaching whales, the southern giant petrel and other native wildlife. Set sail from Puerto Williams on expedition cruise, from 10 to 18 days.

Save up to 10% on selected sailings if you book today on board.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854.

 SILVERSEA®  
EXPEDITIONS

# COMING SOON



▶ GET READY FOR A COLOURFUL CELEBRATION!

## 25 March - Indian Holi: Festival of Colours

Now it's time to get your outfits ready and prepare for a delicious and colourful dinner experience in The Restaurant on Deck 4. Join us on 25th March to celebrate the Indian Festival of Colours - We do have a surprise waiting for you!

*Let's celebrate Holi!*

# SILVERSEA TRAVEL BLOG



Silversea's travel blog: [discover.silversea.com](http://discover.silversea.com)



# SERVICES

**ZÀGARA SPA | DECK 10**  
**BEAUTY SALON AND BARBER SHOP**  
Dial 5011 for appointments.  
8:00am – 8:00pm  
*Later appointments until 10:00pm available on request.*

**SAUNA & STEAM ROOM | DECK 10**  
8:00am – 8:00pm  
*Please check the daily schedule with the Zàgara Spa Team.*

**FITNESS CENTRE | DECK 10**  
6:30am – 8:00pm  
*Limited spaces available for classes. Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.*

**POOL & JACUZZI | DECK 8**  
Open daily from 7:00am – 7:00pm

**FUTURE CRUISE MANAGER DECK 5**  
9:00am – 1:00pm | 4:00pm – 6:00pm  
*Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.*

**BOUTIQUES | DECK 5**  
9:30am – 11:30am  
*Toiletries and other essential items are available for purchase upon request through your Butler.*

**CASINO\* | DECK 8**  
CLOSED  
Due to Customs Regulations  
\*Age restriction: over 18 to use the facilities.

**SHORE CONCIERGE DESK | DECK 5**  
Dial 858 for assistance during daily opening hours.  
9:00am – 12:00noon | 4:00pm – 7:00pm

**GUEST RELATIONS MANAGER DECK 5**  
Dial 800 for assistance.  
8:00am – 12:00noon | 4:00pm – 7:00pm

**MEDICAL CENTRE | DECK 3**  
Dial 931 during clinic hours.  
8:00am – 9:00am | 5:00pm – 6:00pm

Medical assistance is also available by appointment.  
Dial 800 (Reception) after hours.  
Emergency service is available 24 hours a day.

*Please use the midship elevator or midship stairs to reach the clinic. Kindly ask about charges prior to consultation.*

**IN THE EVENT OF AN EMERGENCY PLEASE DIAL 911**

## BREAKFAST

THE RESTAURANT (DECK 4)  
À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)  
Buffet 7:30am – Last Seating 10:00am

## LUNCH

THE RESTAURANT (DECK 4)  
À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)  
Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) \*  
À la Carte 12:00noon – Last Seating 3:30pm

## OPEN ALL DAY

THE ATRIUM BAR (DECK 5)  
Light Snacks 6:30am – 10:00pm

## DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)  
À la Carte 5:00pm – Last Seating 9:00pm

LA TERRAZZA (DECK 7) \*\*  
À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) \*/\*\*  
À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) \*\*  
**Today: Far East-West Flavours**  
**Our Culinary Journey to Singapore**

À la Carte 7:00pm – Last Seating 9:30pm  
*Please remember to make your reservations with our Restaurant Team. Thank you.*  
*Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.*

\* Weather permitting  
\*\* Reservations required

## BAR HOURS

9:00am – 10:00pm Pool Bar \* [ DECK 8 ]  
10:00am – until late Panorama Lounge [ DECK 8 ]  
6:00pm – until late The Bar [ DECK 5 ]  
9:00pm – until late Connoisseur's Corner [ DECK 8 ]

## IN SUITE DINING

24-hour  
The menu is available on the TV.  
To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

### LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Bavarian Crepes Day (USA)

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## ONBOARD SMOKING POLICY

Smoking of cigarette, e-cigarette and vaporizer is permitted in the Connoisseur's Corner (inside and outside); at designated tables and seating outside the Panorama Lounge (starboard side) and on the Pool Deck (starboard side).

Smoking of cigars and pipes is allowed only in the Connoisseur's Corner (inside and outside).

Smoking is not allowed: In guest suites and guest suite verandas/balconies and inside all public areas, lounges and bars.

# FRIDAY, 22 MARCH 2024

SUNRISE 7:08AM • SUNSET 7:14PM

## GOOD MORNING

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7:00	Pathway to Yoga with Personal Trainer Riesa	Aerobics Room (10)
8:30	Fab Abs with Personal Trainer Riesa	Aerobics Room (10)
9:00	Today's Silver Quiz, Crossword Puzzle, and Sudoku are available (return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)	The Atrium (5)
9:00	Knitting Group with your fellow guests	Panorama Lounge (8)
9:00	Board Games are available	Card Room (7)
9:00	Shuffleboard Available (until 7:00pm)	Shuffleboard Court (10)
9:30	Ukulele Classes with Polly (we have a few extra ukuleles, so come and join the fun)	The Bar (5)
10:00	Table Tennis Available	Lobby (3)
10:00	Bridge Lesson: Advanced Beginners with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
10:30	Boutique Event: join Diego, our Guest Jewellery Expert, for a fun and entertaining Gemstone Chat	The Boutique (5)
10:30	<b>Team Trivia</b> with your Cruise Director Moss for fun and prize points	Panorama Lounge (8)
10:45	Fitness Seminar: Secrets to a flatter stomach	Observation Lounge (10)
11:00	Water Aerobics with the Entertainment Team (weather permitting)	Pool (8)
11:00	Bridge Lesson: Intermediate with Bridge Instructors Rose Anne and Jerry	Conference Room (7)
11:15	<b>Cooking Demonstration with our Fleet Corporate Pastry Chef Regis</b>	The Show Lounge (6)
11:30	Mileage Pool - Guess how many miles <i>Silver Shadow</i> has sailed since noon yesterday	Panorama Lounge / Pool Deck (8)

## GOOD AFTERNOON

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1:00	<b><i>Silver Shadow</i> is scheduled to dock in Singapore, Singapore</b> Once the vessel has been cleared by local authorities, your Cruise Director Moss will give weather and gangway information To hear announcements in your suite please set the TV to the Bridge Cam Channel	
1:00	Complimentary Foot Massage Tasters	Zàgara Spa Reception (10)
5:00	Fitness Seminar: Say Goodbye to Pain with Goodfeet	Aerobics Room (10)
5:30	Golf Putting Challenge with the Entertainment Team. Prize points to be won!	Lobby (4)

## GOOD EVENING – DRESS CODE: CASUAL

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6:00	Sabbath Service (unhosted)	Card Room (7)
6:00	Circuit Training with Personal Trainer Riesa	Aerobics Room (10)
6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:00	Guitarist Javier plays during cocktail hour	Panorama Lounge (8)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment	The Bar (5)
9:00	The <i>Silversea</i> Trio plays for your musical entertainment	Panorama Lounge (8)
9:00	<b>Big Screen Movie: "Road to Singapore"</b> 1940   1h26min   Comedy/Adventure Director: Victor Schertzinger; Stars: Bob Hope, Bing Crosby, Dorothy Lamour, Anthony Quinn, Charles Coburn, Jerry Colonna, Judith Barret, John Kelly	The Show Lounge (6)
9:00	Dance the night away with DJ Gabor	Panorama Lounge (8)

# GOING ASHORE IN

SINGAPORE, SINGAPORE

## SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card, Original Passport and Online Arrival Card** whenever going ashore as this is your only valid identification for reboarding the vessel.

## PIER INFORMATION

**Silver Shadow** is scheduled to dock in Singapore, Singapore at Berth #02.

## IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

## CURRENCY EXCHANGE

The official local currency is the Singapore Dollar (SGD). Guests going ashore can expect the following rates of exchange:

1 USD = 1.34 SGD approx.

1 EUR = 1.46 SGD approx.

1 GBP = 1.71 SGD approx.

## SHIP'S AGENT

(for use in emergencies only)

Cambiaso & Risso (Singapore) Pte Ltd

6 Battery Road #34-02,

Singapore 049909

Phone: +65 8786 6316

Email: singapore.ops@cambiasorisso.com

## EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

**Please do not forget to bring your tickets.**

SIN-C	ARTS & FENG SHUI OF THE ORIENT.....	2:00PM
SIN-G	GARDENS BY THE BAY & OBSERVATION DECK AT MARINA BAY SANDS.....	2:00PM
SIN-M	MESMERIZING SINGAPORE BY NIGHT.....	6:30PM
SIN-H	SIGHTS & SOUND BY NIGHT.....	7:00PM

## HOSPITALITY DESK

A local Hospitality Desk will be available onboard from 1:30pm to 3:30pm. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

## DESTINATION AND ENRICHMENT LECTURES

Destination and Enrichment lectures by our Guest Lecturers are available on demand from the in-suite TV system the day after the live presentation:

Select - Entertainment / Silversea Videos / Destination Lectures or Enrichment Lectures

Our Guest lecturer biographies are located on your in-suite TV:

Select - Your Stay / Guest Compendium

## HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

# OVERNIGHT

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796