

# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

## SUNDAY, 21 APRIL 2024

TOKYO, JAPAN

For all newly embarked Guests: All Aboard: 5:00 P.M.

Mandatory Life Boat Drill: 5:30 P.M. (newly embarked Guests)

All Aboard: 6:30 P.M. | Departure: 7:00 P.M.

## DRESS CODE: CASUAL

For Ladies: DRESSES OR BLOUSES AND PANTS

For Gentlemen: SPORT SHIRTS AND SLACKS

No shorts or flip flop type footwear after 6:00 P.M.  
in indoor venues

## TODAY'S WEATHER

Overcast

High: 73°F 23°C

Low: 63°F 17°C



## TOKYO, JAPAN

*Aboard Silver Shadow*

# PLAN AHEAD

## Upcoming ports



DAY	PORT	ARRIVE	DEPART
22 Apr	Shimizu, Japan	7:45 a. m.	6:00 p. m.
23 Apr	Day at Sea	-	-
24 Apr	Kagoshima, Japan	8:00 a. m.	6:00 p. m.

## YOUR EXPERIENCES ASHORE

Welcome on board for your cruise from Tokyo, Japan to Seward, Alaska, USA. The following has important information in regards to your Shore Excursion Experience.

All guests who pre-booked their excursion tickets will find them upon arrival into your Suite. To participate on any excursion, all guests must be in the possession of a valid excursion ticket. For your convenience on your excursion ticket you will find the following important information:

- Name of your excursion.
- Departure time of your excursion.
- Departure location of your excursion.
- Cancellation deadline of your excursion.

As courtesy to your fellow guests we kindly ask you to arrive 5 to 10 minutes prior to the designated departure point to allow for a punctual departure. Excursions will depart on time and guests who arrive late will unfortunately miss their tour without possibility for a refund. Please note the cancellation deadline of your excursion.

Tickets returned after this deadline are subject to 100% penalty. Thank you.

Your *Silver Shadow* Shore Concierge Team  
Maria, Mirjana, Jasmin and Louisa



## TOKYO, JAPAN

### TRADITIONAL CULTURE AND PASSION FOR EVERYTHING NEW – A CITY LIKE NO OTHER

The city of Tokyo is divided into 23 special wards, each with its own distinct character and attractions. These were established in 1947, following the end of World War II and the adoption of Japan's post-war constitution. They reflect the city's unique mix of tradition and modernity, as well as its diverse neighborhoods and districts.

The wards are located in the southeastern part of the Kanto region, on the eastern coast of Honshu, Japan's main island. The city is situated on a flat plain that was once the site of a large bay, known as Edo Bay, which was filled in over time as the city expanded. The bay was formed by the intersection of several rivers, including the Sumida River, which flows through the heart of Tokyo.

Each of the 23 wards has its own local government, with a mayor and city council responsible for managing local services and infrastructure. The wards are further subdivided into smaller neighborhoods, each with its own unique history and culture.

Some of the most well-known wards in Tokyo include Shibuya, Shinjuku, Ginza, and Asakusa. Shibuya is a bustling commercial and entertainment district, known for its fashion boutiques, trendy cafes, and famous pedestrian crossing. Shinjuku is home to Tokyo's skyscrapers and office buildings, as well as the city's red-light district and Golden Gai nightlife area. Ginza is a high-end shopping and dining district, with many luxury brands and Michelin-starred restaurants. Asakusa is a historic district, known for its ancient temples and traditional street markets.

The wards are connected by an extensive network of public transportation, including buses, trains, and subways, which make it easy to travel between different parts of the city. The Tokyo Metro, for instance, is one of the largest subway systems in the world, with over 100 stations and 13 lines.

### SIGHTS

- teamLab Planets
- Ueno Park
- Tokyo National Museum
- Tsukiji Outer Market
- Ghibli Museum
- Yoyogi Park

### STATUE OF LIBERTY

A very popular photo-op, with the Rainbow Bridge in the background, is this 11m-tall replica of Lady Liberty, a fixture on Odaiba's waterfront since 1998.

France's original replica from 1889 was moved from Île aux Cygnes in Paris to Odaiba to celebrate Franco-Japanese ties. But the statue was so popular that the city decided to install a permanent replica.



# NORMAN RAFELSON

SILVERSEA'S DELEGATE TO THE VENETIAN SOCIETY

Norman has been sailing with Silversea for over 13 years. Having been Hotel Director of 11 World Cruises aboard *Silver Whisper*, he is pleased to be joining you as our valued Delegate to the Venetian Society.

Norman will be on hand during your voyage, so feel free to reach out to him, to have a drink or even just to say hello!



## SPA & WIN RAFFLE PRIZES

WIN A SPA "SIGNATURE SERVICE" CREDIT VOUCHER

▶ THE ŽAGARA BEAUTY SPA, DECK 10

We have a total of \$500.00 worth of Spa Signature Service credit vouchers to give away. Enter our complimentary raffle for your chance to win one of these credit vouchers.

Your entry must be submitted to the Spa Reception on the first day of the cruise.

You must be present to win. A journey of the five senses and an interlude for musing, savor a Žagara moment.

Define your meaning of beauty, discover your state of being.

Welcome to Žagara Beauty Spa.



## BOUTIQUES OF SILVERSEA

SHOP AT OUR ONBOARD BOUTIQUES

▶ THE BOUTIQUE, DECK 5

Welcome to the Silversea Boutiques. You are cordially invited to discover our new collection of luxury brands and well-appointed interiors. We offer outstanding fine Swiss watches from Longines and other brands like Rolex and Tag Heuer. Experience our fine jewellery collections and leather goods. Fashion jewellery extravagance from Swarovski are just a few steps away from your suite. We cannot wait to extend a warm welcome. Our team is waiting for you.

Please refer to your daily Chronicles for the opening hours.

The Boutiques of Silversea cannot be open in port due to local Customs Regulations.

## WELCOME

TO THE CASINO

▶ CASINO, DECK 8

We would like to welcome you to visit our Casino for an intimate and unforgettable gaming experience! Our Casino slot machines offer over 100 games for you to enjoy some of the most thrilling games such as Cleopatra, Golden Egypt and Book of Ra. Together with multi progressive jackpots, free spins and many bonuses you will be mesmerized!

Come and enjoy live Gaming in a relaxing atmosphere along with various daily activities. Our table games such as Blackjack, Roulette and Poker are accompanied with the warm ambiance from our casino staff. Let us spoil you with a unique Gaming experience! Please refer to your daily chronicles for our opening hours.



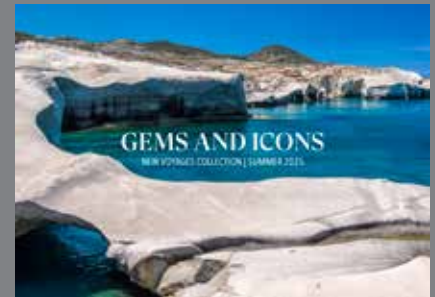
## NEW VOYAGES COLLECTION | SUMMER 2025

From hidden gems to iconic destinations, our NEW VOYAGES COLLECTION, SUMMER 2025 inspires you with incredible journeys and brand new itineraries.

You'll enjoy a wealth of wonderful destinations, from the Arctic to the Galápagos, from Alaska to the Kimberley coast, as well as fantastic new Grand Voyages across the Mediterranean and Northern Europe, for a closer look at these regions rich in colour and culture.

With 206 voyages across 60 countries and 409 destinations, our new collection takes you to places never visited before by Silversea, including remote places like Loch Moidart in Scotland and the Greek island of Milos.

Alongside our timeless Silversea itineraries, this is a new collection of places, peoples and stories you'll treasure for years to come.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854

## JEWISH PASSOVER

▶ PLEASE INQUIRE AT THE RECEPTION DESK

### 22nd APR – Seder Dinner (Passover)

We will hold a special hosted dinner tomorrow, Monday, 22nd April 2024 in our French Restaurant La Dame on Deck 7 for the Jewish Passover.

The dinner will start at 7:30 p.m.

All Guests who would like to participate, please make your reservations for the Seder dinner at the Reception Desk on Deck 5 by latest 1:00 p.m. on Monday, 22nd April.

*We wish all participants a wonderful Seder dinner.*



# ALL DAY DINING

## BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00 a.m. – Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7)

Buffet 7:00 a.m. – Last Seating 10:00 a.m.

## LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30 p.m.

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00 p.m.

THE GRILL (DECK 8) \*

À la Carte 12:00noon – Last Seating 3:30 p.m.

## OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30 a.m. – 10:00 p.m.

## DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

LA TERRAZZA (DECK 7) \*\*

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

THE GRILL (DECK 8) \*/\*\*

À la Carte 7:00 p.m. – Last Seating 10:00 p.m.

LA DAME (DECK 7) \*\*

À la Carte 7:00 p.m. – Last Seating 9:30 p.m.

*Gentlemen: Jacket required*

*A dining fee per person applies*

Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.

\* Weather permitting

\*\* Reservations required

## BAR HOURS

9:00am – 10:00pm Pool Bar \* [ DECK 8 ]

10:00am – until late Panorama Lounge [ DECK 8 ]

6:00pm – until late The Bar [ DECK 5 ]

9:00pm – until late Connoisseur's Corner [ DECK 8 ]

## IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

## LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Chocolate Covered Cashews Truffle Day (USA)

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## ONBOARD SMOKING POLICY

Smoking of cigarette, e-cigarette and vaporizer is permitted in the Connoisseur's Corner (inside and outside); at designated tables and seating outside the Panorama Lounge (starboard side) and on the Pool Deck (starboard side).

Smoking of cigars and pipes is allowed only in the Connoisseur's Corner (inside and outside).

Smoking is not allowed: In guest suites and guest suite verandas/balconies and inside all public areas, lounges and bars.

# SERVICES

ZÀGARA SPA | DECK 10  
BEAUTY SALON AND BARBER SHOP  
Dial 5011 for appointments.  
8:00 a.m. – 8:00 p.m.

*Later appointments until 10:00pm available on request.*

SAUNA & STEAM ROOM | DECK 10  
8:00 a.m. – 8:00 p.m.

FITNESS CENTRE | DECK 10  
6:30 a.m. – 8:00 p.m.

*Limited spaces available for classes.  
Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.*

POOL & JACUZZI | DECK 8  
Open today from 7:00 a.m. – 7:00 p.m.

FUTURE CRUISE MANAGER  
DECK 5

*Please dial 800 to arrange a private appointment or consult your suite ITV to request an appointment.*

BOUTIQUES | DECK 5  
CLOSED

*Due to Customs Regulations Toiletries and other essential items are available for purchase upon request through your Butler.*

CASINO\* | DECK 8  
CLOSED

*Due to Customs Regulations \*Age restriction: over 18 to use the facilities.*

SHORE CONCIERGE DESK | DECK 5  
Dial 858 for assistance.  
during daily opening hours.  
7:30 a.m. – 10:00 a.m. | 4:00 p.m. – 7:00 p.m.

GUEST RELATIONS MANAGER  
DECK 5  
Dial 800 for assistance.  
8:00 a.m. – 12:00noon | 4:00 p.m. – 7:00 p.m.

MEDICAL CENTRE | DECK 3  
Dial 931 during clinic hours.  
8:00 a.m. – 9:00 a.m. | 5:00 p.m. – 6:00 p.m.

Medical assistance is also available by appointment.  
Dial 800 (Reception) after hours.  
Emergency service is available 24 hours a day.

*Please use the midship elevator or midship stairs to reach the clinic. Kindly ask about charges prior to consultation.*

IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 911

# SUNDAY, 21 APRIL 2024

SUNRISE 5:00 A.M. • SUNSET 6:19 P.M.

## JAPAN - ANIMAL/QUARANTINE REGULATION

Please note, that due to the Animal/Quarantine regulation in Japan, the following items are **prohibited to carry with you when leaving the ship:** **Meat / Fruits / Vegetables / Eggs / Dairy products / Nuts / Plants / Seeds.** Thank you for your cooperation.

## GOOD MORNING

8:00	Morning Walk with Personal Trainer Riesa	Jogging Track (10)
9:00	Pure Form Pilates with Personal Trainer Riesa	Aerobics Room (10)

## GOOD AFTERNOON

12:00	Join our Spa orientation and enter the Spa raffle for a chance to win \$500 Spa Credit (until 4 p.m.)	Zagara Spa Reception (10)
12:00	Meet your Personal Trainer Riesa and find out what fantastic seminars and classes we offer (until 8:00 p.m.)	Aerobics Room (10)
12:00	Welcome Music with Piano Vocalist Remon (weather permitting)	Pool Deck (8)
12:00	Welcome Music with Guitarist Javier	Panorama Lounge (8)
1:00	Visit the Zagara Spa and let us demonstrate some of our luxurious product range – we have something to suit everyone	Zagara Spa Reception (10)
3:00	Complimentary Foot Print Analysis with Personal Trainer Riesa (until 8:00 p.m.)	Aerobics Room (10)
4:00	<b>Destination Lecture with Michael DiSpezio: Our Journey Continues – Shimizu and Mount Fuji</b> Using eye-in-the sky imagery, learn what to expect on this leg of the cruise, including an introduction to the port of Shimizu and the awesome active volcano, Mount Fuji	The Show Lounge (6)
5:00	Interdenominational Worship Service led by fellow guests Reverends Hope and Bill Eakins	The Show Lounge (6)
5:30	<b>Mandatory Life Boat Drill for all newly embarked Silver Shadow Guests assigned to Muster Station A and B</b> All newly embarked Guests must participate as per maritime law and ship's command	The Show Lounge (6)
5:45	The 5min make-over with California Sun Glow	Zagara Spa Reception (10)

## GOOD EVENING – DRESS CODE: CASUAL

6:00	For any dietary requirements please meet Restaurant Manager Gilbert and Executive Chef Franck	The Restaurant (4)
6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:30	<b>All Aboard! Silver Shadow prepares to sail</b>	
6:30	<b>Pre-Dinner Showtime! Silversea proudly presents "Emotions, A Taste of Things to Come"</b> Join your Cruise Director Moss for a Voyage Overview and introduction of our Lecturers, Guest Acts, and Key Staff onboard and enjoy an entertaining evening with our Silversea Singers and Dancers!	The Show Lounge (6)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
7:00	<b>Silver Shadow sails for Shimizu, Japan</b>	
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment	The Bar (5)
9:00	The Silversea Trio plays for your musical entertainment	Panorama Lounge (8)
9:00	<b>Big Screen Movie: "Bullet Train" 2022   R   2h6min   Action/Comedy</b> Director: David Leitch; Stars: Joey King, Brad Pitt, David Leitch, Bad Bunny, Logan Lerman, Aaron Taylor-Johnson, Sandra Bullock, Michael Shannon	The Show Lounge (6)
10:30	Dance the night away with DJ Gabor	Panorama Lounge (8)

## Evening Dress Code

\*Some of the below mentioned dress codes may be subject to change due to operational reasons.

21 Apr – Tokyo, Japan .....	Casual	1 May – Otaru, Japan .....	Casual
22 Apr – Shimizu, Japan .....	Informal	2 May – Day at Sea .....	Formal
23 Apr – Day at Sea .....	Formal	3 May – Day at Sea .....	Informal
24 Apr – Kagoshima, Japan.....	Casual	4 May – Day at Sea .....	Informal
25 Apr – Nagasaki, Japan.....	Informal	4 May – Day at Sea (Date Line – Gain a Day) .....	Informal
26 Apr – Busan, South Korea.....	Casual	5 May – Day at Sea .....	Informal
27 Apr – Day at Sea .....	Informal	6 May – Day at Sea .....	Casual
28 Apr – Kanazawa, Japan.....	Casual	7 May – Dutch Harbor, Alaska, USA.....	Casual
29 Apr – Day at Sea .....	Informal	8 May – Day at Sea .....	Formal
30 Apr – Hakodate, Japan .....	Informal	9 May – Kodiak, Kodiak Island, Alaska, USA.....	Casual

# GOING ASHORE IN

## ALL PORTS OF CALL

### YOUR SHORE CONCIERGE

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We at Silversea strive to offer personalized voyages for our guests. Our aim is to empower you to discover the ports in a manner that best suits your needs. Whether this is a coach tour, a small group adventure, a private van, or a stroll through town, count on us to send you on your journey fully prepared. Our team has years of travel experience. We endeavor to gather the best ground operators and local experts, enabling us to provide current pragmatic advice.

In-depth questioning and personalized research allow us to suggest an authentic taste of each destination.

We face a formidable challenge when advising about our hundreds of unique ports. Each port's operations and customer service approach reflect the local culture. While we demand the best, the best varies from port to port. You will never hear a team member embellishing a tour, we will always be frank and honest about the quality. Occasionally guides will have accents, buses will have forced air instead of air-conditioning and roads will be bumpy. However, as travelers, we know what is important. We emphasize what lies outside the window, what we have seen, heard, and discovered.

### EXCURSION INFORMATION

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Port information and full tour descriptions are available on the interactive TV system in your suite for each port of call for this voyage. Excursion tickets cannot be exchanged after the cancellation deadline. A full charge applies for the additional excursion on the same day. We highly recommend to wear a face mask while on a bus. Please check daily your in-suite TV for important messages regarding your excursions.

Excursions may be canceled if minimum requirements is not met.

### EXCURSIONS

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All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait. Shore Concierge staff will be available shoreside to assist you.

Shore Concierge staff will be available shoreside to assist you.

#### **Please do not forget to bring your tickets.**

TYO-D	RIKUGIEN GARDEN & ASAKUSA.....	8:30 A.M.
TYO-E	VIEWS OF TOKYO .....	9:00 A.M.
TYO-H	TOKYO ON YOUR OWN EXPLORATION .....	9:30 A.M.
TYO-A	ANCIENT & MODERN TOKYO WITH GINZA SHOPPING .....	10:00 A.M.
TYO-EB	VIEWS OF TOKYO .....	1:30 P.M.

### HOSPITALITY DESK

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A local Hospitality Desk will be available shoreside. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

### PORT SHUTTLE BUS

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A complimentary Shuttle Bus will be provided between the **Pier and Tokyo Teleport Station (Rinkai Line)**. **The Shuttle Bus will operate every 30 minutes from 8:30 a.m. until 6:00 p.m. (last bus from the Teleport Station back to the ship)**. The approx. driving time is 10 minutes depending on traffic.

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

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Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796

### SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card and Original Passport** whenever going ashore as this is your only valid identification for reboarding the vessel.

### PIER INFORMATION

**Silver Shadow** is docked in Tokyo, Japan at Tokyo International Cruise Terminal, Chisaki, Aomi No.2, Koto-Ku, Tokyo.

### IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

### CURRENCY EXCHANGE

The local currency is the Japanese Yen (JPY). Guests going ashore can expect the following rates of exchange:

1 USD = 153 JPY approx.

1 EUR = 163 JPY approx.

1 GBP = 191 JPY approx.

### SHIP'S AGENT

(for use in emergencies only)

Blue Ocean Agency

12F Daiwa BLDG,74-1,Yamashita-cho,

Naka-ku,Yokohama, Japan

Phone: +81 80 4757 0056

Email: [cruise@relife-blueocean.com](mailto:cruise@relife-blueocean.com)

**5:30 P.M.**  
**MANDATORY LIFEBOAT**  
**DRILL FOR NEWLY**  
**EMBARKED GUESTS**