

# CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

## MONDAY, 25 MARCH 2024

KUCHING, SARAWAK, MALAYSIA

Arrival: 6:00am

All Aboard: 3:30PM

Departure: 4:00PM

## DRESS CODE: CASUAL

For Ladies: DRESSES OR BLOUSES AND PANTS

For Gentlemen: SPORT SHIRTS AND SLACKS

No shorts or flip flop type footwear after 6:00PM  
in indoor venues

## TODAY'S WEATHER

Partly Cloudy

High: 88°F 30°C

Low: 81°F 27°C



## KUCHING, MALAYSIA

*Aboard Silver Shadow*

# PLAN AHEAD

## Upcoming ports



DAY	PORT	ARRIVE	DEPART
26 Mar	Day at Sea	-	-
27 Mar	Kota Kinabalu	8:00am	3:00pm
28 Mar	Day at Sea	-	-

## YOUR EXPERIENCES ASHORE

**KUCHING, SARAWAK, MALAYSIA**  
**LAST SPACES AVAILABLE - BOOK TODAY!**

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tour:

**KCH-BA - SARAWAK CULTURAL VILLAGE**  
**4½ Hours | \$99**  
**Activity Level Extensive**

Nestled at the foot of Mount Sanubong and built on an approximately 17-acre (about 6.9-hectare) the Sarawak Cultural Village offers a wonderful opportunity to explore the different Malay tribes from Sarawak, along with their traditional housing, dress, crafts, and more.

These ethnic groups include the Bidayuh, Ibans, Orang Ulu, Melanau, and Penans.

Take a guided walking tour of the Sarawak Cultural Village, visit the houses of the local denizens and observe their skills in making traditional handicrafts, including pua-weaving and bamboo-carving and view traditional methods of cooking, and how the Penans make blowpipes and other hunting instruments. Afterwards, head to the village's modern, air-conditioned theatre for a colourful cultural performance.

DECK 5 EXT. 858  
 OPENING HOURS:  
 7:30AM - 10:30AM | 4:00PM - 7:00PM



## KUCHING, MALAYSIA

**KUCHING, ALSO KNOWN AS "CAT CITY", IS A MAJOR FOOD DESTINATION**

Enclosed by jungles where orange orangutans roam, and offering intense beachfront sunsets, Kuching is a breathtaking natural beauty. Explore forts and admire graceful mosques and temples, during your time in this cultural hotbed.

See Borneo life past and present, before chatting with welcoming locals at the lively waterfront bars and restaurants that hum with chatter and explode with flavour. Start with sarawak laksa - a chicken and coconut gravy dish that packs a devilishly spicy punch, or manok pansoh - a delicious bamboo-stalk cooked dish - for a taste of Kuching.

Malaysian Borneo's capital is a city of cats, and even the name translates as 'Cat' in Malay. Utterly devoted to the four-legged felines, you'll find statues rising up across the city. The curvacious river is Kuching's lifeblood, and a great way to get to know the lay of the land. Head out on a traditional brightly-painted wooden sampan to sail between the city's magnificent sprinkling of glorious minarets and temples standing on the river's banks.

Trek out into the jungle to discover the crafts and arts of Sarawak's ethnic groups, as well as gory headhunter history. There's no doubt about it, however, the orangutans of Semenggoh Nature Centre are the stars of the show - and this rainforest is one of the few places where endangered orangutans exist in the semi-wild. You may have to be patient - and it's not guaranteed that they will appear - but hearing the rustle of leaves, and seeing the blur of orange in the greenery, is a once in a lifetime experience. National parks nearby are also home to proboscis monkeys, hidden beaches, and exotic plant life.

### SIGHTS

- Bako National Park
- Old Sarawak Museum
- Sarawak Cultural Village
- Tua Pek Kong Temple
- Fort Margherita
- Semenggoh Wildlife Rehabilitation Centre

### CAT MUSEUM IN THE CITY OF CATS

Sarawak's name translates as cat in English, giving it the nickname City of Cats. The world's first cat museum covers four galleries inside the City Hall buildings. With over 4,000 items covering everything related to felines, this is a must-visit attraction for cat lovers. Since opening in 1988, the Cat Museum has received thousands of annual visitors. Expect to find figurines, photographs, posters and a rare Egyptian mummified cat.

# MARY FRANCES

## BOUTIQUES AT SILVERSEA

▶ THE BOUTIQUE, DECK 5

Drawing from her love of nature, travel, and artistic influences from around the globe, each Mary Frances design reflects her passions. Her designs are eclectic and trend setting. You can find beautiful textures and motifs ranging from florals, music, and animals to intricate pattern work that is whimsical yet chic. Mary brings a sense of joy and beauty through her designs and creates meaningful relationships in the process.



# MYCRUISE MOBILE

CONNECT TO: [WWW.MYCRUISE.COM](http://WWW.MYCRUISE.COM)

MyCruise Mobile allows you to preview your onboard activities, bars & lounges, Shore Excursions, Entertainment and view your holiday itinerary and summary. Now you can easily access your account and onboard purchases, download on your device the daily Chronicles and preview the menus of our restaurants.



Connect to the "Silversea Guest" Wi-Fi, type in your browser [www.mycruise.com](http://www.mycruise.com) and enjoy.

# ELEMIS COUTURE TOUCH

ALL-EMBRACING HANDS ON EXPERIENCE

▶ THE ZÀGARA BEAUTY SPA, DECK 10

Condition your skin and body with this all-embracing hands on experience. Combine any 50-minute ELEMIS hands-on TOUCH facial with your Freestyle Deep Tissue Massage or Deeper than Deep Hot Stone Massage. 50 or 100 minutes.

A journey of the five senses and an interlude for musing, savor a Zàgara moment. Today 50% off!

# ELEMIS

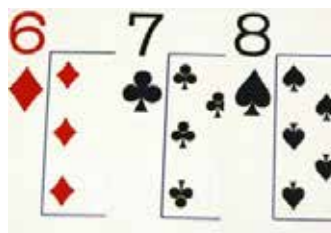
DEFINED BY NATURE, LED BY SCIENCE

# STRAIGHT BLACKJACK

CASINO ON BOARD SILVERSEA

▶ FROM 9:00PM UNTIL MIDNIGHT  
CASINO, DECK 8

Be a part of a chance to get more with just a Straight Blackjack! Do not miss your chance to win big. All you have to do is get a hand of the straight cards six, seven, eight and you will be paid as if you have a Blackjack. Let us entertain you with some time of fun. Good Luck!



# BOOGIE FEVER & DANCE PARTY

TONIGHT'S SHOW

▶ STARTING FROM 9:30PM  
PANORAMA LOUNGE, DECK 8

Join us in the Panorama Lounge on Deck 8 for an entertaining evening! Get on your boogie shoes and feel the heat in your feet as you join our Silversea Singers and Dancers for some disco fever and explosive dance moves, bound to get your toes tapping and heads bobbing. Enjoy an exciting show, followed by a fun dance party with your favourite dance hits by DJ Gabor.



# GRAND VOYAGES COLLECTION 2024 AND 2025

Silversea's grand cruises venture forth across the seven seas and quench the thirst to go exploring that remains a primal need in all of us. Luckily, we can transport you there in a far more comfortable way: a Silversea Grand Voyage. For those born with that irrepressible curiosity to discover what lies beyond the mountain top, nothing can fill your passion quite like a luxurious Grand Voyage with Silversea.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854

# TODAY'S EVENT



▶ IT'S TIME FOR A COLOURFUL CELEBRATION!

**25 March - Indian Holi: Festival of Colours**

Every year, people across India and around the world celebrate Holi, a significant Hindu festival, known as the Festival of Colours, Love, and Spring.

It commemorates the eternal and divine love of the deities Radha and Krishna. Additionally, the day signifies the triumph of good over evil.

This vibrant celebration involves dancing, singing, and of course - Colours!

Now it's time to get your most colourful outfits ready and prepare for a delicious and colourful dinner experience in The Restaurant on Deck 4. Join us tonight for a very special evening. We are looking forward to seeing you there and we do have a surprise waiting for you!

*Happy Holi!*





## BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)

Buffet 6:30am – Last Seating 9:30am

## LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) \*

À la Carte 12:00noon – Last Seating 3:30pm

## OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30am – 10:00pm

## IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

## DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

Indian Holi Buffet 7:00pm – Last Seating 9:30pm

LA TERRAZZA (DECK 7) \*\*

À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) \*/\*\*

À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) \*\*

**Today: Far East-West Flavours**

**Our Culinary Journey to Malaysia**

À la Carte 7:00pm – Last Seating 9:30pm

*Please remember to make your reservations with our Restaurant Team. Thank you.*

*Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.*

\* Weather permitting

\*\* Reservations required

## BAR HOURS

9:00am – 10:00pm Pool Bar \* [ DECK 8 ]

10:00am – until late Panorama Lounge [ DECK 8 ]

6:00pm – until late The Bar [ DECK 5 ]

9:00pm – until late Connoisseur's Corner [ DECK 8 ]

## LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: International Waffle Day + Pecan Day (USA)

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## POOL AND JACUZZI

As a courtesy to your fellow Guests and for purposes of hygiene, all Guests are required to shower before entering the pool or jacuzzi. Guests are also reminded no food or beverage is permitted in the pool or jacuzzi. Thank you for your cooperation in this matter.

# SERVICES

**ZÀGARA SPA | DECK 10**  
**BEAUTY SALON AND BARBER SHOP**  
Dial 5011 for appointments.  
8:00am – 8:00pm

*Later appointments until 10:00pm available on request.*

**SAUNA & STEAM ROOM | DECK 10**  
8:00am – 8:00pm

**FITNESS CENTRE | DECK 10**  
6:30am – 8:00pm

*Limited spaces available for classes.  
Age restriction: over 18 to use the facilities. 16-18 allowed in with guardian.*

**POOL & JACUZZI | DECK 8**  
Open daily from 7:00am – 7:00pm

**FUTURE CRUISE MANAGER  
DECK 5**

8:30am – 11:30am | 4:30pm – 7:30pm  
*Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.*

**BOUTIQUES | DECK 5**

Dial 5503 for assistance.  
6:00pm – 11:00pm

*Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.*

**CASINO\* | DECK 8**

Dial 841 for assistance.

Slots: 9:00pm – until late

Tables: 8:00pm – Midnight

\*Age restriction: over 18 to use the facilities.

**SHORE CONCIERGE DESK | DECK 5**

Dial 858 for assistance.

during daily opening hours.

7:30am – 10:30am | 4:00pm – 7:00pm

**GUEST RELATIONS MANAGER  
DECK 5**

Dial 800 for assistance.

8:00am – 12:00noon | 4:00pm – 7:00pm

**MEDICAL CENTRE | DECK 3**

Dial 931 during clinic hours.

8:00am – 9:00am | 5:00pm – 6:00pm

Medical assistance is also available by appointment.

Dial 800 (Reception) after hours.

Emergency service is available 24 hours a day.

*Please use the midship elevator or midship stairs to reach the clinic. Kindly ask about charges prior to consultation.*

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 911**

# MONDAY, 25 MARCH 2024

SUNRISE 6:40AM • SUNSET 6:47PM

## MANDATORY TEMPERATURE CHECK IN KUCHING, SARAWAK, MALAYSIA

Please note, that a **mandatory temperature check for ALL Guests** will be conducted upon our arrival in Kuching, Sarawak, Malaysia. The temperature check will take place **in the Show Lounge, entering through the Main Bar on Deck 5, starting from 6:45am**. Announcement will be made by PA system indicating when you should proceed to the Show Lounge. Guests participating on morning tours will be called first for the temperature check followed by independent guests. *We thank you for your cooperation and please listen carefully to the announcement.*

## GOOD MORNING

6:00 **Silver Shadow is scheduled to dock in Kuching, Sarawak, Malaysia**

Once the vessel has been cleared by local authorities, your Cruise Director Moss will give weather and gangway information

To hear announcements in your suite please set the TV to the Bridge Cam Channel

7:00 Circuit Training with Personal Trainer Riesa Aerobics Room (10)

8:30 Stretch and Release with Personal Trainer Riesa Aerobics Room (10)

9:00 Today's Silver Quiz, Crossword Puzzle, and Sudoku are available The Atrium (5)  
(return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)

9:00 Board Games are available Card Room (7)

9:00 Shuffleboard Available (until 7:00pm) Shuffleboard Court (10)

10:45 Fitness Seminar: Eat More to Weigh Less Observation Lounge (10)

## GOOD AFTERNOON

2:00 Fitness Seminar: Walking in Comfort Observation Lounge (10)

3:30 **ALL ABOARD! Silver Shadow prepares to sail**

4:00 **Silver Shadow sails for Kota Kinabalu, Malaysia**

4:45 **Team Trivia** with your Cruise Director Moss for fun and prize points Panorama Lounge (8)

5:30 Golf Putting Challenge with the Entertainment Team. Prize points to be won! Lobby (4)

## GOOD EVENING – DRESS CODE: CASUAL

6:00 Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail The Bar (5)

6:00 Silversea Logo Souvenir Collection - Take a keepsake home to friends and family from your memorable cruise vacation The Boutique (5)

6:00 The *Silversea* Trio plays during cocktail hour Panorama Lounge (8)

6:45 Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff Panorama Lounge (8)

9:00 Piano Vocalist Remon and Guitarist Javier alternate to perform for your musical entertainment The Bar (5)

9:00 Stop by the Casino tonight and get more with just a Straight Blackjack – Do not miss your chance to win big! Casino (8)

9:30 **Showtime! Silversea proudly presents "Boogie Fever & Dance Party"** Panorama Lounge (8)

Join our *Silversea* Singers and Dancers for fun in the Panorama Lounge on Deck 8 and let's boogie the night away!

After the show the Panorama Lounge transforms into a dance party with your favourite dance hits by DJ Gabor

# GOING ASHORE IN

KUCHING, SARAWAK, MALAYSIA

## SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card** whenever going ashore as this is your only valid identification for reboarding the vessel.

## PIER INFORMATION

**Silver Shadow** is scheduled to dock in Kuching, Sarawak, Malaysia.

## IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

## CURRENCY EXCHANGE

The official local currency is the Malaysian Ringgit (MYR). Guests going ashore can expect the following rates of exchange:

1 USD = 4.73 MYR approx.

1 EUR = 5.13 MYR approx.

1 GBP = 5.97 MYR approx.

## SHIP'S AGENT

(for use in emergencies only)

Senari Terminal, Jalan Bako, Kampung Senari,  
93050 Kuching, Sarawak

Phone: +60 19-8583318

Email: fosfasb@gmail.com

## EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

**Please do not forget to bring your tickets.**

KCH-H	BAKO NATIONAL PARK .....	7:15AM
KCH-G	SEMENGGOH NATURE CENTRE.....	7:45AM
KCH-BA	SARAWAK CULTURAL VILLAGE.....	8:15AM
KCH-L	PANORAMIC KUCHING TOUR .....	9:00AM

## HOSPITALITY DESK

A local Hospitality Desk will be available onboard for two hours from 9:00am to 11:00am. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

## SHUTTLE BUS SERVICE

A complimentary Shuttle Bus will be provided between the **Pier and the Riverside Majestic Mall. The Shuttle Bus will operate from 8:45am until 3:15pm (last bus from the city centre back to the ship).** The approx. driving time is 20 minutes depending on traffic.

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

## DESTINATION AND ENRICHMENT LECTURES

Destination and Enrichment lectures by our Guest Lecturers are available on demand from the in-suite TV system the day after the live presentation:

Select - Entertainment / Silversea Videos / Destination Lectures or Enrichment Lectures

Our Guest lecturer biographies are located on your in-suite TV:

Select - Your Stay / Guest Compendium

## HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

**ALL ABOARD  
3:30PM**

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796