

CHRONICLES

NEWS AND INFORMATION FOR ALL ONBOARD EVENTS

WEDNESDAY, 27 MARCH 2024

KOTA KINABALU, MALAYSIA

Arrival: 8:00AM

All Aboard: 2:30PM

Departure: 3:00PM

DRESS CODE: INFORMAL

For Ladies: DRESSES OR PANTSUITS

For Gentlemen: JACKETS (TIE OPTIONAL)

No shorts or flip flop type footwear after 6:00PM
in indoor venues

TODAY'S WEATHER

Partly Cloudy

High: 88°F 31°C

Low: 84°F 29°C



KOTA KINABALU, MALAYSIA

Aboard Silver Shadow

PLAN AHEAD

Upcoming ports



DAY	PORT	ARRIVE	DEPART
28 Mar	Day at Sea	-	-
29 Mar	Ho Chi Minh City	8:00am	Overnight
30 Mar	Ho Chi Minh City	-	2:00pm

YOUR EXPERIENCES ASHORE

KOTA KINABALU, MALAYSIA
LAST SPACES AVAILABLE - BOOK TODAY!

Don't miss the chance to make the most of your time ashore. We still have spaces available for the following tour:

BKI-A - BORNEO TRADITIONAL LIVING
4 Hours | \$79
Activity Level Moderate

Gain an insight to the cultural diversity of Borneo's ethnic groups and their simple way of traditional living.

Discover the architectural uniqueness of each tribal house as you walk through the cultural village and complete your Borneo experience with a live presentation of music and dance.

The Mari Mari Cultural Village, situated amidst a remote forest setting, is a museum that preserves Borneo ethnic culture and features 5 different indigenous ethnic tribes in one village: the rice farmers of Kadazan-Dusun, the longhouse residents of Rungus, the hunters and fishermen of Lundayeh, the cowboys and sea gypsies of Bajau, and the famously feared headhunting tribe, Murut.

DECK 5 EXT. 858
OPENING HOURS:
7:30AM - 10:30AM | 4:00PM - 7:00PM



KOTA KINABALU, MALAYSIA

A GATEWAY TO KINABALU PARK AND MAJESTIC MOUNT KINABALU

Swampy rivers, soaring mountains and a lush, sheltered location combine to make Kota Kinabalu a diverse and beautiful Borneo destination. Capital of the Malaysian state of Sabah, and settled on the north-west coast, it's a perfect starting point for exploring Sabah's riches.

Venture ashore to discover extraordinary wildlife and fascinating human heritage within the dense rainforest. The City Mosque features a pure white facade and cobalt blue patterned dome, and it appears as if floating, casting a beautiful reflection onto the lake beside it. Immerse yourself in the sights and sounds of the Gaya Street Sunday Market - where everything from reams of fabrics to fresh honey and piles of bright vegetables is up for sale.

For an insight into North Borneo's ethnic cultures, venture into the rainforest to seek out authentic villages. Learn of life in these isolated communities and hear tales of the jungle's tribes - as well as the truth behind grisly headhunting whispers. Scattered islands of sandy beaches and popular dive sites lie offshore, while gentle river rafting rides along burbling waterways offer the perfect introduction to Sabah's verdant scenery and wildlife.

Adventure seekers will be drawn to the revered peak of the massive Mount Kinabalu - Southeast Asia's highest. Towering up more than 4,000 metres, it is a UNESCO World Heritage Site due to the thousands of diverse plants that grow here. The Mount Kinabalu Botanic garden hike is suitable for all levels, surrounding you with colourful blooms of blossoming flowers and plants. A little fog often shrouds the elevated gardens, adding an atmospheric wisp to some of Malaysia's most sumptuous scenery.

SIGHTS

- Bandaraya Kota Kinabalu Mosque
- Tanjung Aru Beach
- Sabah State Museum
- Mari Mari Cultural Village
- Semenggoh Wildlife Rehabilitation Centre

IMAGO SHOPPING MALL

Located in Downtown Kota Kinabalu, this shopper's paradise often appears on the itineraries of many visitors. With a range of international brand names offering an assortment of merchandise from the most unique and opulent; to the most frequently sought after, it certainly is a comforting enclave with something that entices the regular, and even the most discerning of tastes.

POOL GRILL SPECIALS & DINNER CABARETS

UPCOMING EVENTS ON 28 + 31 MARCH AND 1 APRIL

Please join us on the Pool Deck for our upcoming Pool Grill Specials combined with captivating Dinner Cabarets by our Silversea singers.

Enjoy a delightful dinner experience under the stars with culinary delicacies prepared by our Executive Chef Franck and his team, with wonderful musical entertainment.

These evening events require reservations. Detailed information will be advertised in your daily chronicles.



TAG HEUER

BOUTIQUES AT SILVERSEA

▶ THE BOUTIQUE, DECK 5

For more than 150 years, TAG Heuer has been undaunted in its pursuit of excellence and has continued pushing past the boundaries of ordinary watchmaking to set its own standards. The brand is inspired by legends of sports and entertainment who challenge themselves to perform at their best.

Emulating that determination, TAG Heuer creates such models as the Formula 1, which combines the reliability of steel with the chic styling of ceramic and the luxury finish of diamonds.



NOURISHING COCONUT POULTICE MASSAGE

RELAX AND DE-STRESS THE MUSCLES

▶ THE ZÀGARA BEAUTY SPA, DECK 10

Perfectly warmed pure coconut compresses massage the body, releasing natural emollients that nourish and moisturize the skin. This is followed by traditional hands-on techniques to relax and de-stress the muscles even more.

A journey of the five senses and an interlude for musing, savor a Zàgara moment. Define your meaning of beauty, discover your state of being.



HOW WONDERFUL LIFE IS: THE MUSIC OF ELTON

TONIGHT'S SHOW WITH PIANIST MARTIN KAYE

▶ AT 6:30PM
THE SHOW LOUNGE, DECK 6

Martin Kaye is a high-energy, internationally-acclaimed, odd-socked pianist, singer, songwriter, and all-round showman. Best known for his knockout performances as "Jerry Lee Lewis" in the hit Broadway, West End and Las Vegas show 'Million Dollar Quartet', Manchester-born Martin exudes energy beyond anything you've ever seen. He sings from the depths of his soul, he pounds the piano with reckless abandon - then jumps on top of it and plays backwards - and just try to keep up with his non-stop legs! With over two thousand performances as "The Killer" under his belt, and inspired by some of the most dynamic and beloved artists of our time - Elton John, Jerry Lee Lewis, Frank Sinatra, Elvis Presley - Martin Kaye has made it his life's mission to share his love of music with the world.

He has written and produced five albums and a musical, and regularly performs his dynamic headline show in theatres across America, around the UK, and on luxury cruise ships across the globe. His distinct showmanship, dynamic flair, and profound love for his audience, make every performance, and Martin Kaye himself, a genuine tour de force.



NEW VOYAGES COLLECTION | SUMMER 2025

From hidden gems to iconic destinations, our NEW VOYAGES COLLECTION, SUMMER 2025 inspires you with incredible journeys and brand new itineraries.

You'll enjoy a wealth of wonderful destinations, from the Arctic to the Galápagos, from Alaska to the Kimberley coast, as well as fantastic new Grand Voyages across the Mediterranean and Northern Europe, for a closer look at these regions rich in colour and culture.

With 206 voyages across 60 countries and 409 destinations, our new collection takes you to places never visited before by Silversea, including remote places like Loch Moidart in Scotland and the Greek island of Milos.

Alongside our timeless Silversea itineraries, this is a new collection of places, peoples and stories you'll treasure for years to come.



▶ For more information, please contact your Future Cruise Manager Gui on Deck 5 or extension 854

CHARLIE RULES



▶ FROM 9:00PM UNTIL MIDNIGHT
CASINO, DECK 8

Whether you are a Blackjack player or not, do not miss this unique opportunity. During the promotion time if you are dealt five cards without going over 21 then your hand will be counted as 21!

Come and put your skills to the test. Good luck!



BREAKFAST

THE RESTAURANT (DECK 4)

À la Carte 8:00am – Last Seating 9:30am

LA TERRAZZA (DECK 7)

Buffet 7:00am – Last Seating 10:00am

LUNCH

THE RESTAURANT (DECK 4)

À la Carte 12:00noon – Last Seating 1:30pm

LA TERRAZZA (DECK 7)

Buffet 12:00noon – Last Seating 2:00pm

THE GRILL (DECK 8) *

À la Carte 12:00noon – Last Seating 3:30pm

OPEN ALL DAY

THE ATRIUM BAR (DECK 5)

Light Snacks 6:30am – 10:00pm

IN SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 815. All In Suite Dining is also available in other public areas when our dining venues are not open for service.

DINNER

As a courtesy to your fellow guests please respect the times of your dinner reservation.

THE RESTAURANT (DECK 4)

À la Carte 7:00pm – Last Seating 9:30pm

LA TERRAZZA (DECK 7) **

À la Carte 7:00pm – Last Seating 9:30pm

THE GRILL (DECK 8) */**

À la Carte 7:00pm – Last Seating 10:00pm

LA DAME (DECK 7) **

Today: Far East-West Flavours

Our Culinary Journey to Malaysia

À la Carte 7:00pm – Last Seating 9:30pm

Please remember to make your reservations with our Restaurant Team. Thank you.

Our regular La Dame service will be available for you on Saturdays and Sundays. A dining fee per person applies.

* Weather permitting

** Reservations required

BAR HOURS

9:00am – 10:00pm Pool Bar * [DECK 8]

10:00am – until late Panorama Lounge [DECK 8]

6:00pm – until late The Bar [DECK 5]

9:00pm – until late Connoisseur's Corner [DECK 8]

LET'S CELEBRATE NATIONAL & INTERNATIONAL FOOD & BEVERAGE DAYS

TODAY: Spanish Paella Day (USA)

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

POOL AND JACUZZI

As a courtesy to your fellow Guests and for purposes of hygiene, all Guests are required to shower before entering the pool or jacuzzi. Guests are also reminded no food or beverage is permitted in the pool or jacuzzi. Thank you for your cooperation in this matter.

SERVICES

ZÀGARA SPA | DECK 10
BEAUTY SALON AND BARBER SHOP
Dial 5011 for appointments.
8:00am – 8:00pm

Later appointments until 10:00pm available on request.

SAUNA & STEAM ROOM | DECK 10
8:00am – 8:00pm

FITNESS CENTRE | DECK 10
6:30am – 8:00pm

*Limited spaces available for classes.
Age restriction: over 18 to use the facilities. 16-18 allowed in with guardian.*

POOL & JACUZZI | DECK 8
Open daily from 7:00am – 7:00pm

FUTURE CRUISE MANAGER
DECK 5

8:30am – 11:30am | 4:30pm – 7:30pm
Please dial 854 to arrange a private appointment or consult your suite ITV to request an appointment.

BOUTIQUES | DECK 5

Dial 5503 for assistance.
4:00pm – 11:00pm

Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.

CASINO* | DECK 8

Dial 841 for assistance.

Slots: 7:00pm – until late

Tables: 8:00pm – Midnight

*Age restriction: over 18 to use the facilities.

SHORE CONCIERGE DESK | DECK 5

Dial 858 for assistance.

during daily opening hours.

7:30am – 10:30am | 4:00pm – 7:00pm

GUEST RELATIONS MANAGER
DECK 5

Dial 800 for assistance.

8:00am – 12:00noon | 4:00pm – 7:00pm

MEDICAL CENTRE | DECK 3

Dial 931 during clinic hours.

8:00am – 9:00am | 5:00pm – 6:00pm

Medical assistance is also available by appointment.
Dial 800 (Reception) after hours.
Emergency service is available 24 hours a day.

Please use the midship elevator or midship stairs to reach the clinic. Kindly ask about charges prior to consultation.

IN THE EVENT OF AN EMERGENCY PLEASE DIAL 911

WEDNESDAY, 27 MARCH 2024

SUNRISE 6:16AM • SUNSET 6:25PM

A GENERAL DRILL FOR THE CREW WILL BE HELD THIS MORNING

This exercise does not involve guests, however you are kindly asked to minimize your movement around the ship during the drill. Please use caution when approaching fire doors in the ship's corridors, as they may be automatically closed from the Navigational Bridge. As this essential drill involves all crew members, we ask for your understanding should any service interruption occur.

GOOD MORNING

8:00	Silver Shadow is scheduled to dock in Kota Kinabalu, Malaysia Once the vessel has been cleared by local authorities, your Cruise Director Moss will give weather and gangway information To hear announcements in your suite please set the TV to the Bridge Cam Channel	
8:30	Stretch and Release with Personal Trainer Riesa	Aerobics Room (10)
9:00	Today's Silver Quiz, Crossword Puzzle, and Sudoku are available (return the Silver Quiz to Reception by 3:00pm - prize points for the most accurate quiz that is returned earliest)	The Atrium (5)
9:00	Board Games are available	Card Room (7)
9:00	Shuffleboard Available (until 7:00pm)	Shuffleboard Court (10)
10:15	A General Crew Drill will be held this morning (starts approx. 10:15am)	

GOOD AFTERNOON

2:30	ALL ABOARD! Silver Shadow prepares to sail	
3:00	Silver Shadow sails for Ho Chi Minh City, Vietnam	
3:00	Pure Form Pilates with Personal Trainer Riesa	Aerobics Room (10)
3:30	Complimentary Collagen Eye Treatment	Zàgara Spa Reception (10)
4:00	Bingo for fun and Prize Points with our International Hostesses	Panorama Lounge (8)
4:00	Stretch and Release with Personal Trainer Riesa	Aerobics Room (10)
4:45	Team Trivia with your Cruise Director Moss for fun and prize points	Panorama Lounge (8)
5:00	Fitness Seminar: Walking in Comfort	Observation Lounge (10)
5:30	Golf Putting Challenge with the Entertainment Team. Prize points to be won!	Lobby (4)

GOOD EVENING – DRESS CODE: INFORMAL

6:00	Piano Vocalist Remon performs while you enjoy a pre-dinner cocktail	The Bar (5)
6:00	Boutique Special: Fashion Jewellery Clearance Sale!	The Boutique (5)
6:00	Guitarist Javier plays during cocktail hour	Panorama Lounge (8)
6:30	Showtime! Silversea proudly presents dynamic Piano Showman Martin Kaye "How Wonderful Life Is: The Music of Elton" Dynamic piano rocker Martin Kaye is back once again with another high-energy show, and his ridiculous socks, this time celebrating the music of his idol, Sir Elton John. Another show you simply cannot miss!	The Show Lounge (6)
6:45	Solo Travellers Meet and Greet with your Gentlemen Hosts Lyle and Geoff	Panorama Lounge (8)
9:00	Charlie Rules - Whether you are a Blackjack player or not, do not miss this unique opportunity. Come and put your skills to the test. Good luck!	Casino (8)
9:00	Piano Vocalist Remon and Guitarist Javier alternate to perform for your listening pleasure	The Bar (5)
9:00	The <i>Silversea</i> Trio plays for your musical entertainment	Panorama Lounge (8)
10:30	Dance the night away with DJ Gabor	Panorama Lounge (8)

GOING ASHORE IN

KOTA KINABALU, MALAYSIA

SHIP PROCEDURES

An announcement will be made when the ship has been cleared by local authorities for guests to proceed ashore. You are kindly requested to remain clear of the gangway area until then.

Please remember to carry your **Suite Key Card** whenever going ashore as this is your only valid identification for reboarding the vessel.

PIER INFORMATION

Silver Shadow is scheduled to dock in Kota Kinabalu, Malaysia.

IMPORTANT NOTICE

Silversea charges in United States Dollars for all shipboard transactions. We would like you to be aware that your credit card company may charge a foreign transaction fee. Silversea processes shipboard credit card transactions through the United Kingdom. Should you wish to register a different credit card to settle your account, please see our Reception Staff on Deck 5.

CURRENCY EXCHANGE

The official local currency is the Malaysian Ringgit (MYR). Guests going ashore can expect the following rates of exchange:

- 1 USD = 4.73 MYR approx.
- 1 EUR = 5.13 MYR approx.
- 1 GBP = 5.97 MYR approx.

SHIP'S AGENT

(for use in emergencies only)
Eastern Rise Shipping Sdn Bhd
Phone: +6016-8899727
Email: opsbki@ershipping.com.my

EXCURSIONS

All excursions depart at the times listed below from the **PIER**. As a courtesy to your fellow guests and to allow the punctual departure of your excursion, we ask all participants to proceed ashore **10 minutes** prior to your departure time. If you are late, unfortunately the transportation will not wait.

Shore Concierge staff will be available shoreside to assist you.

Please do not forget to bring your tickets.

BKI-N	SHANGRI-LA RASA RIA GETAWAY	8:30AM
BKI-A	BORNEO TRADITIONAL LIVING	8:45AM
BKI-E	KOTA KINABALU HIGHLIGHTS	9:00AM
BKI-O	KOTA KINABALU BY COACH.....	9:15AM

HOSPITALITY DESK

A local Hospitality Desk will be available onboard for two hours upon arrival. The local Representatives will be able to answer detailed questions and direct guests to their favoured locations. Complimentary maps might be available.

SHUTTLE BUS SERVICE

A complimentary Shuttle Bus will be provided between the **Pier and the town centre**. **The Shuttle Bus will operate every 30 minutes, starting from 9:00 until 1:30pm (last bus from the town centre back to the ship).**

Kindly be advised that the Shuttle Bus seating is on a first-come-first-served basis. Silversea and its agents are not liable for any unforeseen delays.

DESTINATION AND ENRICHMENT LECTURES

Destination and Enrichment lectures by our Guest Lecturers are available on demand from the in-suite TV system the day after the live presentation:

Select - Entertainment / Silversea Videos / Destination Lectures or Enrichment Lectures

Our Guest lecturer biographies are located on your in-suite TV:

Select - Your Stay / Guest Compendium

HAND WASHING & HAND SANITIZING

Keeping hands clean through improved hand hygiene is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands.

**ALL ABOARD
2:30PM**

Please note this useful information when going ashore.

SILVER SHADOW SATELLITE PHONE NUMBER: +1-786-322-5796