# Chronicles

News and Information for all onboard events

#### **THURSDAY, 13 FEBRUARY 2025**

EN ROUTE TO TRINCOMALEE, SRI LANKA

#### **DRESS CODE: ELEGANT CASUAL**

For Ladies: may opt for trousers, blouses, skirts, or casual dresses. For Gentlemen: can wear open-collar shirts and slacks. A jacket is optional. No jeans, shorts or flip flop type footwear after 6:00 P.M. in indoor venues.

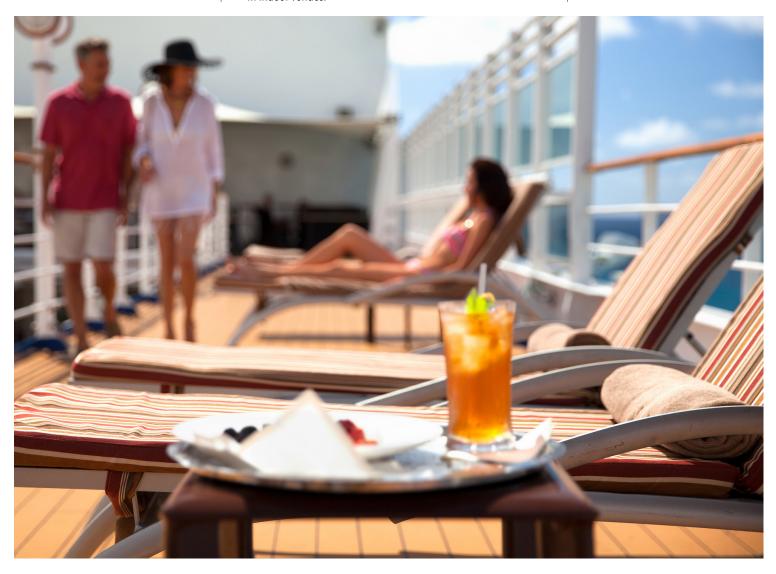
#### **TODAY'S WEATHER**

Mostly sunny

High: 83°F 28°C

Low: 80°F 27°C







AT SEA

Aboard Silver Dawn

### **ANTARCTICA**

#### A TRAVEL ADVENTURE WELL BEYOND WORDS



Seen only by wildlife until 1820, Antarctica and its surrounding polar islands remain one of Earth's least accessible – and most breathtaking – realms. Make your



# THERMAGE CPT

SKIN TIGHTENING THERAPY





Thermage CPT is the premier non-invasive, skin-tightening therapy that uses radio frequency to improve the appearance of sagging or loose skin on the face and body. Tighten and contour in just one treatment.

### MARY FRANCES

**BOUTIQUES AT SILVERSEA** 



Drawing from her love of nature, travel, and artistic influences from around the globe, each Mary Frances design reflects her passions. Her designs are eclectic and trend setting. You can find beautiful textures and motifs ranging from florals, music, and animals to intricate pattern work that is whimsical yet chic. Mary brings a sense of joy and beauty through her designs and create meaningful relationships in the process.



# **BLACKJACK TOURNAMENT**

CASINO ON BOARD SILVERSEA



AT 3:00 P.M., CASINO, DECK 7

Come to the Casino and join our Blackjack Tournament. Visit the Casino on board and try your championship skills! Whether you are a new player or a Blackjack veteran, taking part in Blackjack Tournaments can be a lot of fun!



What makes tournaments popular is the competition among players. Unlike traditional Blackjack, where it is you against the dealer, in tournament play it is a player against player. An entry fee is applicable. Please ask our Casino Staff for more information. Have fun and good luck!

# THE BLUES MAN

SHOWTIME WITH HEADLINE ENTERTAINER TOM SEALS



The Piano Man is back by popular demand! Join Tom as he celebrates the music he loves the most... big band, swing, blues and some of that infamous boogie woogie!



### **AMERICAN DINER**



13 FEBRUARY, 6:30 P.M. - 9:00 P.M., THE GRILL (10)

Executive Chef Ross and the Galley Team created a special American Diner menu for you to enjoy.

The Grill, Deck 10. Restaurant Manager Dinu and the Dining Room Staff are waiting for you to make this unique dining experience. Guests wishing assistance to make a booking, please contact any Maître d' Outlet or the Restaurant Manager.

### KAISEKI

# PROBABLY THE BEST JAPANESE RESTAURANT AT SEA



If 'Japanese gastronomy' evokes images of sushi, prepare to be surprised by the exquisite offerings at Kaiseki.

While lunch showcases some of the finest sushi and sashimi available, an evening meal here unveils a captivating realm of traditional Japanese cuisine, known as Washoku. You will encounter dishes that may be entirely unfamiliar, each presenting a symphony of flavors and culinary artistry.

Dining at Kaiseki is akin to embarking on a gastronomic journey through Japan, where the delicate balance of time-honored techniques and nourishing ingredients transforms each dish into a masterpiece. Elevate your experience further with our thoughtfully curated selection of sake, fine whiskies, or refreshing teas and cocktails. Please contact Reception, your Butler or the Restaurant Team to secure your seat.

## PHONE ETIQUETTE ONBOARD



As a courtesy to your fellow guests, we kindly ask you to refrain from using the speaker function on your cell phone in any public area or public venue onboard.

# Thursday, 13 February 2025

GOOD	MORNING
7:00	Morning Stretch (sign up required)
8:00	Pure Form Pilates (sign up required)

7 00		
7:00	Morning Stretch (sign up required)	Fitness Centre (6)
8:00	Pure Form Pilates (sign up required)	Fitness Centre (6)
9:00	Today's Silver Quiz, Crossword Puzzle and Sudoku are available	Arts Café (8)
7.00	Today's Stive Quiz, Clossword uzzle and Sudoku die available	Aits Cale (0)
	(Return the Silver Quiz to Reception by 3:00 pm - prize points for the most accurate quiz that is returned earliest)	
9:00	Board games will be available for your enjoyment (unhosted)  Ol	bservation Lounge (11)
9:00	Shuffleboard will be set up for your enjoyment throughout the day (unhosted) * weather permitting Outside	e Panorama Lounge (9)
9:00	Complimentary massage taster	OTIVM Spa (6)
	Compiline many massage taster	O I I VIVI Spa (0)
9:30	Knit and Stitch Club: meet with fellow knitters and stitchers (unhosted, no material provided)  Ol	bservation Lounge (11)
9:45	Enrichment Lecture with Reed Kaestner - Wildlife of Sri Lanka	Venetian Lounge (5)
	Join us as we delve into a fascinating discussion of the birds and animals found in Sri Lanka. A must see lecture for all nature lovers	3
10:00	Facial Rejuvenation walk-in clinic with Dr. Marco (complimentary consultation)	OTIVM Spa (6)
10:00	Table Tennis will be available for your enjoyment (unhosted) * weather permitting Outside	e Panorama Lounge (9)
10:00	Bridge Beginners Play with your Bridge Instructors Brenda and Susan	Silver Note (7)
10:30	Acupuncture walk-in clinic with Dr. Liliana Grande (complimentary consultation)	OTIVM Spa (6)
10:30	Travia travel quiz: Sri Lanka Edition with your Entertainment Cruise Staff	Panorama Lounge (9)
10.30		
11:00	Boat building competition material (till 11:30)	Midship (5)
11:00	Coffee Chat with your Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:00	Shuffleboard Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting Outside	e Panorama Lounge (9)
11:00	Intermediate Bridge with your Bridge Instructors Brenda and Susan	
	Internediate Bridge with your Bridge Histractors Brenda and Susan	Silver Note (7)
11:00	Mahjong Open session (supervised) with fellow guest Reeva	S.A.L.T. Kitchen (4)
11:00	Detox for health & weight Loss	OTIVM Spa (6)
11:10	Enrichment Lecture with Mike Reiss - Finding the Funny in Hard Times	Venetian Lounge (5)
		vonction Lounge (3)
44.00	How we learn to laugh again during troubled times, from the Civil War to COVID.	5 IS 1725
11:30	Water Aerobics with members of the Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:30	Mileage Pool: Join your Entertainment Cruise Staff to guess how many miles we have travelled since noon yesterday * weather permitting	Pool Deck (10)
GOOD	AFTERNOON	
		DIII AII C
12:00	Nautical and weather information announcement by Captain Mino Pontillo Live TV Channel 2 and	Public Address System
12:15	Guitar Entertainer Felipe performs for guests' listening pleasure	Pool Deck (10)
1:45	Duplicate Bridge Play with your Bridge Instructors Brenda and Susan	Silver Note (7)
	CALT Lab Class "Distance Anatom's Food The Cuisine of mid 20th Continue Theiland" (alego are register with guest emises)	
2:00	S.A.L.T. Lab Class: "Birth of a Nation's Food: The Cuisine of mid-20th Century Thailand" (please pre-register with guest services)	S.A.L.T. Lab (4)
2:00	Improve your Posture with Goodfeet (complimentary consultation)	Fitness Centre (6)
2:00	Enrichment Lecture with Dr. Bill Timmins -The Atomic Spies - Part 1: Stalin knew about the Manhattan Project long before	Venetian Lounge (5)
	the bombings on Japan. The Soviet Union's KGB had assembled the most extensive network of agents operating in the US, the UK and	Canada So who were
	the bollionings of Japan. The Soviet officing as a first of the most extensive network of agents operating in the OS, the OK and	Callada. 50, Wild Wele
	the spies and how did the codebreakers from the FBI, MI5 and the NSA finally track them down? Learn how the super-secure Soviet encry	yptions were cracked to
	provide evidence in one of America's biggest spy trials	
2:00	Mahjong beginner with fellow guest Reeva - Lesson 4	S.A.L.T. Kitchen (4)
2:00	Dance Class: Join your Gentlemen Hosts Brian and Jeff for this daytime activity	
2.00		
2 20	A. C. S. C. W. C. H. C. C. L. C. C. L. C.	Panorama Lounge (9)
2:30	Arts Class with Shelley Ocana: Thailand Seaside Landscapes: Using wax resist, fluid washes and lifting techniques, create a	S.A.L.T. Kitchen (4)
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2:30 3:00 3:00 4:00 4:00 4:30 4:30 4:45 5:00 5:30 <b>GOOD</b> 6:15 6:00 6:15 6:30 7:30 8:15 9:00 9:00	Arts Class with Shélley Ocana: Thailand Seaside Landscapes: Using wax resist, fluid washes and lifting techniques, create a beautiful seaside landscape of Thailand. Add shadows and water reflections for depth and contrast (or pick a subject of your own choosing Water Volleyball with members of the Entertainment Cruise Staff * weather permitting  Enrichment Lecture with Sue Baic - 5 a day the South East Asian way - Eating more fruit and vegetables is arguably one of the most important dietary changes most of us could make. Explore why they are so important, what counts and how much we really sometimes surprising scientific background using examples from our cruise itinerary.  Blackjack Tournament with your friendly Casino Staff Table Tennis Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting Outside Future Cruise Talk: Antarctica with your Future Cruise Manager Barrie Dodgson  Bingol with a member of the Entertainment Cruise Staff Live Acupuncture Demonstration with Dr. Liliana Grande  5.A.L.T. Lab Class: "Birth of a Nation's Food: The Cuisine of mid-20th Century Thailand" (please pre-register with guest services) Tighten Your Skin with Thermage  Team Trivia - Join Cruise Director Moss for this daytime activity Catholic Mass with Father Adam  Emeralds Ancient & Important: the emerald's wonderful mysterious green colour is unparalleled in the gem world, making it one of the most sought-after gemstones on the market. Adored by royalty and coveted by celebrities, emeralds have stood the test of time and coworld's most desired and loved gems. Join Hubert Jewellery & Gemstone Specialist Cromwell for an informative conversation on this me LGBTO+ Get Together (unhosted)  Golf Putting Competition: Join your Entertainment Cruise Staff for this daytime activity  DEVENING  DRESS CODE: E  Pianist Remon performs for guests' listening pleasure  Join Silver Note Jazz Duo Esther and André as they entertain you with their live music  "New collection" Mary Frances handmade embellished h	S.A.L.T. Kitchen (4) g).  Pool Deck (10) Venetian Lounge (5) y need. Delve into the  Casino (7) e Panorama Lounge (9) Venetian Lounge (9) Venetian Lounge (5) Panorama Lounge (9) OTIVM Spa (6) S.A.L.T. Lab (4) OTIVM Spa (6) Dolce Vita (5) Silver Note (7) Boutique (8) Ontinue to be one of the esmerising gemstone. Panorama Lounge (9) Lobby (4)  LEGANT CASUAL  Dolce Vita (5) Panorama Lounge (9) Panorama Lounge (9) Silver Note (7) Silver Note (7) Silver Note (7) Boutique (8) Panorama Lounge (9) Dolce Vita (5)
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# All Day Dining

#### **BREAKFAST**

ATLANTIDE (DECK 4) À la Carte 8:00 a.m. - Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7) Buffet 7:30 a.m. - 10:00 a.m.

#### LUNCH

ATLANTIDE (DECK 4) À la Carte 12:00 p.m. - Last Seating 1:30 p.m.

KAISEKI (DECK 4)

À la Carte 12:00 p.m. - Last Seating 2:30 p.m.

LA TERRAZZA (DECK 7)

Buffet 12:00 p.m. - 2:00 p.m.

THE GRILL (DECK 10) \*

À la Carte 12:00 p.m. – Last Seating 3:30 p.m.

#### **OPEN ALL DAY**

ARTS CAFÉ (DECK 8) Light Snacks 6:30 a.m. - 11:00 p.m.

SPACCANAPOLI (DECK 11) À la Carte 11:00 a.m. – 11:00 p.m.

- \* Weather permitting
- \*\* Reservations required

#### DINNER

As a courtesy to your fellow quests please respect the times of your dinner reservation.

ATLANTIDE (DECK 4)

À la Carte 6:00 p.m. – Last Seating 8:30 p.m.

S.A.L.T. Kitchen (DECK 4)

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

KAISEKI (DECK 4) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m. A dining fee per person applies

LA TERRAZZA (DECK 7) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

SILVER NOTE (DECK 7) \*\*

À la Carte 7:30 p.m. – Last Seating 10:00 p.m.

THE GRILL (DECK 10) \*/\*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

LA DAME (DECK 8) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

Gentlemen: Jacket required A dining fee per person applies

Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.

#### **IN-SUITE DINING**

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 500. In-Suite Dining is also available in other public areas when our dining venues are not open for service.

#### **BAR HOURS**

9:00am - 10:30pm 10:00am - until late Panorama Lounge [ Deck 9 ]

Pool Bar \* [ Deck 10 ]

2:00pm - until late 6:00pm - until late

Dolce Vita [ Deck 5 ] S.A.L.T. Bar [ Deck 4 ]

6:30am - until late 6:00pm - 11:00pm

Arts Café [ Deck 8 ] Observation Library [ Deck 11 ]

7:00pm - until late Silver Note [ Deck 7 ]

9:00pm - until late Connoisseur's Corner [ Deck 9 ]

\*Weather permitting

At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.

#### RESERVING DECK CHAIRS

Kindly note deck chairs cannot be reserved. When you leave your sun chair for long periods, please take your books, lotion or other items with you in order that other guests may use the deck chairs. Unattended items on the chairs will be removed by our personnel after approximately one hour and sent to reception (lost & found). Thank you for your cooperation in this matter. Guests who need assistance with deck chairs, may contact the pool bartender.

# **SERVICES**

#### OTIVM SPA | DECK 6 **BEAUTY SALON AND BARBER SHOP**

Dial 600 for appointments. 8:00 a.m. - 8:00 p.m. Later appointments until 10:00 p.m. available on request.

#### SAUNA & STEAM ROOM | DECK 6

8:00 a.m. - 8:00 p.m.

#### FITNESS CENTRE | DECK 6

5:00 a.m. - 10:00 p.m. Limited spaces available for classes. Age restriction: over 18 to use the facilities. 16-18 allowed in with quardian.

#### **FUTURE CRUISE SALES | DECK 5**

Please dial 60515 or consult your suite ITV to request an appointment. 8:00 a.m. – 12:00 p.m. | 2:00 p.m. – 6:00 p.m.

#### **BOUTIQUES | DECK 8**

10:00 a.m. - 10:00 p.m. Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler. Dial 555 (Reception) for assistance.

#### CASINO | DECK 7

Slots: All day

Tables: 2:00 p.m. - 6:00 p.m. 9:00 p.m. - until late

Age restriction: over 18 to use the facilities.

#### SHORE CONCIERGE DESK | DECK 5

Dial 551 for assistance during daily opening hours. 9:00 a.m. - 12:00 p.m. | 3:00 p.m. - 7:00 p.m.

#### **GUEST RELATIONS MANAGER | DECK 5**

Dial 60502 for assistance.

8:00 a.m. – 12:00 p.m. | 4:00 p.m. – 8:00 p.m.

#### **MEDICAL CENTRE | DECK 3**

Dial 10333 during clinic hours.

9:30 a.m. – 11:00 a.m. | 4:00 p.m. – 5:30 p.m. Medical assistance is also available by appointment.

Dial 555 (Reception) after hours.

Emergency service is available 24 hours a day. Please use the Forward elevator or Forward stairs to reach the clinic.

Kindly ask about charges prior to consultation.

IN THE EVENT OF AN **EMERGENCY PLEASE DIAL 999**