

# Chronicles

*News and Information for all onboard events*

**MONDAY, 24 MARCH 2025**

EN ROUTE TO BANJUL, THE GAMBIA

**DRESS CODE: ELEGANT CASUAL**

For Ladies: may opt for trousers, blouses, skirts, or casual dresses.  
For Gentlemen: can wear open-collar shirts and slacks. A jacket is optional. No jeans, shorts or flip flop type footwear after 6:00 P.M. in indoor venues.

**TODAY'S WEATHER**

*Cloudy*

**High: 82°F 28°C**

**Low: 80°F 27°C**



## AT SEA

*Aboard Silver Dawn*

# THE ART OF WEARING PEARLS

AT 5:30 PM  
THE BOUTIQUE, DECK 8

From royalty and nobility to first ladies and celebrities, there has always been something deeply alluring about pearls. Perhaps it is their enchanting lustre, or perhaps it is because they come from the sea.

There are many ways to wear pearls, whether an elegant single strand, multiple layered strands, or by changing their look with the addition of a gemstone enhancer.

Join Hubert Jewellery & Gemstone Specialist **Jean** for an insider's take on the many different ways this beloved gem can be worn.



# LA DAME

THE GRANDE CUISINE FRANCAISE ONBOARD

Experience the pinnacle of French fine dining, where timeless culinary traditions harmoniously blend with contemporary creativity.

La Dame stands as a custodian of the esteemed principles of Grande Cuisine française, a legacy crafted by the illustrious chefs of Louis XIV's court. This heritage is lovingly nurtured by a brigade trained in the finest of houses, who invite you to take part in an extraordinary gastronomic journey.

Delight in a symphony of rich, balanced flavors, whether through meticulously designed tasting menus or à la carte offerings, all complemented by an exquisite selection of wines.

Please contact Reception, your Butler or the Restaurant Team to secure your seat.



# THERMAGE CPT

SKIN TIGHTENING THERAPY

THE OTIVM BEAUTY SPA  
DECK 6

Thermage CPT is the premier non-invasive, skin-tightening therapy that uses radio frequency to improve the appearance of sagging or loose skin on the face and body. Tighten and contour in just one treatment.

# CLASSICS ON CUBAN CANVAS

SHOWTIME WITH HEADLINE ENTERTAINER ELIO ROJAS

AT: 9:15 PM  
VENETIAN LOUNGE, DECK 5

Experience the elegance of classical music intertwined with the vibrant rhythms and colors of Cuban culture. Classics on Cuban Canvas brings timeless masterpieces to life, painting a vivid portrait of passion and tradition. An unforgettable celebration of music and heritage awaits!

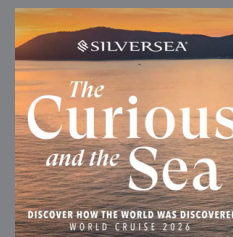


# TO THE CURIOUS AND THE SEA – WORLD CRUISE 2026

Take your curiosity on the journey of a lifetime to discover the authentic beauty and endless wonder of our world.

In 2026, we'll recapture the pioneering spirit of navigators from the past, exploring distant lands, diverse traditions and delectable cuisine across six continents on our luxuriously intimate flagship.

Book onboard your next luxury vacation and enjoy an exclusive 5% Onboard Savings.



For more information, please contact your Future Cruise Team Barrie and Lauren on Deck 5, or extension 60515.

# PREMIUM WINE TASTING

BORDEAUX CRU CLASSÉ



25 MARCH,  
2:15 P.M.,  
LA DAME, DECK 8

There will be a presentation and tasting of our selected onboard wines on 25 March. Your Sommelier Team will be your host for this special event. As space is limited, please sign up at the Reception Desk or with Sommelier Team to make your reservations by 10:00 p.m. of 24 March. Should you wish to cancel your reservation for the wine tasting, please note that you must do so by the latest 25 March at 11:00 a.m., otherwise, the full wine tasting fee per person will be billed to your Guest Account.

A minimum of 7 guests for the event to take place.

**A fee per person applies.**

**The wines we will be featuring are:**

- Château Margaux 1<sup>er</sup> Cru Classé 2014
- Château Brane-Cantenac 2<sup>ème</sup> Cru Classé 2016
- Château Palmer 3<sup>ème</sup> Cru Classé 2012
- Château St. Pierre 4<sup>ème</sup> Cru Classé 2015
- Château d'Armailhac 5<sup>ème</sup> Cru Classé 2017
- Château de Pressac Grand Cru Classé 2016



# MONDAY, 24 MARCH 2025

## MORNING ACTIVITIES

7:00	Morning Stretch (sign up required)	Fitness Centre (6)
8:00	Pathway to Pilates (sign up required)	Fitness Centre (6)
9:00	Today's Silver Quiz, Crossword Puzzle and Sudoku are available (Return the Silver Quiz to Reception by 3:00 pm - prize points for the most accurate quiz that is returned earliest)	Arts Café (8)
9:00	Board games will be available for your enjoyment (unhosted)	Observation Lounge (11)
9:00	Shuffleboard will be set up for your enjoyment throughout the day (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Table Tennis will be available for your enjoyment (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:00	Cornhole will be available to play (unhosted) * weather permitting	Outside Panorama Lounge (9)
9:30	Arthritis & back pain solution with Dr. Liliana Grande	OTIVM Spa (6)
9:30	Knit and Stitch Club: meet with fellow knitters and stitchers (unhosted, no material provided)	Observation Lounge (11)
9:45	<b>Destination Lecture with Dr. Glenn E. Robinson - The Gambia and Senegal: Embodying Africa's Challenges</b> The Gambia is the smallest country in continental Africa, totally surrounded by Senegal. Both are poor countries struggling to keep up in the modern world.	Venetian Lounge (5)
10:00	Bridge Beginners Lesson with your Bridge Instructor Susan	Silver Note (7)
10:00	<b>S.A.L.T. Lab Class: "Uncovering The Secrets of Fonio"</b> (please pre-register with guest services)	S.A.L.T. Lab (4)
10:00	Instant wrinkle solutions with Dr. Marco	OTIVM Spa (6)
10:45	Origami Class with your International Host Christiano	Panorama Lounge (9)
10:45	Shuffleboard Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting	Outside Panorama Lounge (9)
11:00	Coffee Chat with your Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:00	Intermediate Bridge Lesson with your Bridge Instructor Susan	Silver Note (7)
11:00	Mahjong Open session (supervised) with fellow guest Reeva	S.A.L.T. Kitchen (4)
11:00	<b>Enrichment Lecture with Lloyd Camp: - Truths, Tales And Taboos</b> A medley of bizarre myths and legends from the world of African Safari guiding	Venetian Lounge (5)
11:15	Portuguese Class with International Hostess Daniela	Panorama Lounge (9)
11:30	Water Aerobics with members of the Entertainment Cruise Staff * weather permitting	Pool Deck (10)
11:30	Cornhole Tournament with some of the Silver Dawn Officers * weather permitting	Outside Panorama Lounge (9)
11:30	Mileage Pool: Join your Entertainment Cruise Staff to guess how many miles we have travelled since Takoradi * weather permitting	Pool Deck (10)

## AFTERNOON ACTIVITIES

12:00	Nautical and weather information announcement by Captain Ivo Botica	Bridge Camera Channel and Public Address System
12:00	Mediterranean Corner - prepared by Executive Chef Ross and his team * weather permitting	Pool Grill (10)
1:30	Mahjong Beginner Session with fellow guest Reeva - Lesson 7	S.A.L.T. Kitchen (4)
1:45	Duplicate Bridge Play with your Bridge Instructor Susan	Silver Note (7)
2:00	Improve your posture with Goodfeet (complimentary consultation)	Fitness Centre (6)
2:00	<b>S.A.L.T. Lab Class: "Uncovering The Secrets of Fonio"</b> (please pre-register with guest services)	S.A.L.T. Lab (4)
2:00	Dance Class: Join your Gentlemen Hosts Brian and Bill for this daytime activity	Panorama Lounge (9)
2:30	Arts Class with Shelley Ocana: African Style Necklaces: Mimic the incredible African designs by creating your own necklace using glass, hand painted wood and colorful traditional beads from Ghana. In a few days we will make earrings to match!	S.A.L.T. Kitchen (4)
2:30	Water Volleyball with members of the Entertainment Cruise Staff * weather permitting	Pool Deck (10)
3:00	Table Tennis Tournament: Join your Entertainment Cruise Staff for this daytime activity * weather permitting	Outside Panorama Lounge (9)
3:00	Acupuncture Q&A with Dr. Liliana Grande	OTIVM Spa (6)
3:00	<b>Enrichment Lecture with William Lokey: - The Final Shot of the Civil War</b> Follow Confederate Navy raiders who raised havoc with Union shipping and brought our Civil War to Europe, Africa, Brazil, Australia, and the Pacific.	Venetian Lounge (5)
4:00	Tighten your skin with Thermage	OTIVM Spa (6)
4:00	<b>Bingo!</b> with a member of the Entertainment Cruise Staff	Panorama Lounge (9)
4:30	<b>S.A.L.T. Lab Class: "Uncovering The Secrets of Fonio"</b> (please pre-register with guest services)	S.A.L.T. Lab (4)
4:30	Blackjack Tournament with your friendly Casino Staff	Casino (7)
4:45	<b>Team Trivia</b> - Join Cruise Director Moss for this daytime activity	Dolce Vita (5)
5:00	Catholic Mass with Father Adam	Silver Note (7)
5:30	There are many ways to wear pearls, whether an elegant single strand, multiple layered strands, or by changing their look with the addition of a gemstone enhancer. Join Hubert Jewellery & Gemstone Specialist Jean for an insider's take on the many different ways this beloved gem can be worn.	Boutique (8)
5:30	Golf Putting Competition: Join your Entertainment Cruise Staff for this daytime activity	Lobby (4)
5:30	Fab Abs (sign up required)	Fitness Centre (6)

## EVENING ACTIVITIES

### DRESS CODE: ELEGANT CASUAL

6:00	Pianist Remon and Guitar Entertainer Felipe alternate performing for guests' listening pleasure	Dolce Vita (5)
6:00	Silver Dawn Band plays for your dancing and listening pleasure	Panorama Lounge (9)
6:30	<b>Gameshow: Charades</b> with your Assistant Cruise Director Denise - Fun game where each team (min 4 max 8 members) takes turns at acting out in pantomime, the word, phrase, title, etc.	Panorama Lounge (9)
6:30	Solo Travellers get together with your Gentlemen Hosts Brian and Bill	Panorama Lounge (9)
6:30	LGBTQ+ Get Together (unhosted)	Panorama Lounge (9)
7:00	Silver Dawn Band plays for your dancing and listening pleasure	Panorama Lounge (9)
7:30	Jazz Pianist André plays for guests' listening pleasure	Silver Note (7)
8:15	Join Silver Note Jazz Duo Esther and André as they entertain you with their live music	Silver Note (7)
9:00	Guitar Entertainer Felipe performs for guests' listening pleasure	Panorama Lounge (9)
9:00	Pianist Remon performs for guests' listening pleasure	Dolce Vita (5)
9:15	<b>Showtime!</b> Silversea Proudly Presents: <b>Headline Entertainer Elio Rojas: Classics on Cuban Canvas</b> Experience the elegance of classical music intertwined with the vibrant rhythms and colors of Cuban culture. Classics on Cuban Canvas brings timeless masterpieces to life, painting a vivid portrait of passion and tradition. An unforgettable celebration of music and heritage awaits!	Venetian Lounge (5)
10:15	DJ Gabor invites you to a party to celebrate the songs you love (until late)	Panorama Lounge (9)



# All Day Dining

## BREAKFAST

ATLANTIDE (DECK 4)

À la Carte 8:00 a.m. – Last Seating 9:30 a.m.

LA TERRAZZA (DECK 7)

Buffet 7:30 a.m. – 10:00 a.m.

## LUNCH

ATLANTIDE (DECK 4)

À la Carte 12:00 p.m. – Last Seating 1:30 p.m.

KAISEKI (DECK 4)

À la Carte 12:00 p.m. – Last Seating 2:30 p.m.

LA TERRAZZA (DECK 7)

Buffet 12:00 p.m. – 2:00 p.m.

THE GRILL (DECK 10) \*

À la Carte 12:00 p.m. – Last Seating 3:30 p.m.

## OPEN ALL DAY

ARTS CAFÉ (DECK 8)

Light Snacks 6:30 a.m. – 11:00 p.m.

SPACCANAPOLI (DECK 11)

À la Carte 11:00 a.m. – 11:00 p.m.

\* Weather permitting

\*\* Reservations required

## IN-SUITE DINING

24-hour

The menu is available on the TV.

To place your order please contact your butler or call extension 500. In-Suite Dining is also available in other public areas when our dining venues are not open for service.

*At Silversea Cruises, we take maximum food precautionary measures to ensure the safest quality product is offered to our guests; Worldwide Public Health Services advise that consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.*

## DINNER

*As a courtesy to your fellow guests please respect the times of your dinner reservation.*

ATLANTIDE (DECK 4)

À la Carte 6:00 p.m. – Last Seating 8:30 p.m.

S.A.L.T. Kitchen (DECK 4)

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

KAISEKI (DECK 4) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

A dining fee per person applies

LA TERRAZZA (DECK 7) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

SILVER NOTE (DECK 7) \*\*

À la Carte 7:30 p.m. – Last Seating 10:00 p.m.

THE GRILL (DECK 10) \*/\*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

LA DAME (DECK 8) \*\*

À la Carte 6:30 p.m. – Last Seating 9:00 p.m.

Gentlemen: Jacket required

A dining fee per person applies

*Should you wish to cancel your reservation at La Dame, please note that you must do so by latest 2:00pm on the day of the reservation, otherwise the full cover fee per person will be billed to your Guest Account.*

## BAR HOURS

9:00am – 10:30pm

10:00am – until late

2:00pm – until late

6:00pm – until late

6:30am – until late

6:00pm – 11:00pm

7:00pm – until late

9:00pm – until late

\*Weather permitting

Pool Bar \* [ Deck 10 ]

Panorama Lounge [ Deck 9 ]

Dolce Vita [ Deck 5 ]

S.A.L.T. Bar [ Deck 4 ]

Arts Café [ Deck 8 ]

Observation Library [ Deck 11 ]

Silver Note [ Deck 7 ]

Connoisseur's Corner [ Deck 9 ]

# SERVICES

## OTIVM SPA | DECK 6

### BEAUTY SALON AND BARBER SHOP

Dial 600 for appointments.

8:00 a.m. – 8:00 p.m.

*Later appointments until 10:00 p.m. available on request.*

## SAUNA & STEAM ROOM | DECK 6

8:00 a.m. – 8:00 p.m.

## FITNESS CENTRE | DECK 6

5:00 a.m. – 10:00 p.m.

*Limited spaces available for classes.*

*Age restriction: over 18 to use the facilities. 16–18 allowed in with guardian.*

## FUTURE CRUISE SALES | DECK 5

Please dial 60515 or consult your suite ITV to request an appointment.

8:00 a.m. – 2:00 p.m. | 2:00 p.m. – 6:00 p.m.

## BOUTIQUES | DECK 8

10:00 a.m. – 10:00 p.m.

*Toiletries and other essential items are available for purchase upon request in the Boutique or through your Butler.*

*Dial 555 (Reception) for assistance.*

## CASINO | DECK 7

Slots: 10:00 a.m. – until late

Tables: 4:00 p.m. – 6:00 p.m.

9:00 p.m. – until late

*Age restriction: over 18 to use the facilities.*

## SHORE CONCIERGE DESK | DECK 5

Dial 551 for assistance

during daily opening hours.

9:00 a.m. - 12:00 p.m. | 3:00 p.m. - 7:00 p.m.

## GUEST RELATIONS MANAGER | DECK 5

Dial 60502 for assistance.

8:00 a.m. – 12:00 p.m. | 4:00 p.m. – 8:00 p.m.

## MEDICAL CENTRE | DECK 3

Dial 10333 during clinic hours.

9:30 a.m. – 11:00 a.m. | 4:00 p.m. – 5:30 p.m.

Medical assistance is also available by appointment.

Dial 555 (Reception) after hours.

*Emergency service is available 24 hours a day. Please use the Forward elevator or Forward stairs to reach the clinic.*

Kindly ask about charges prior to consultation.

## PHONE ETIQUETTE ON BOARD

As a courtesy to your fellow guests, we kindly ask you to refrain from using the speaker function on your mobile phone in any public area or public venue on board.

**IN THE EVENT OF AN  
EMERGENCY PLEASE DIAL 999**